MERRYMETING
ADULT EDUCATION
WHERE CURIOUS MINDS MEET!

REGISTER TODAY AT
www.merrymmeeting.org

SUMMER 2023
Keep Until August
Dear Merrymeeting Patrons,

Welcome to our summer catalog! Merrymeeting is proud to provide you with a new menu of exciting classes and programs. Please take a moment to peruse our offerings. We continue to provide high quality affordable classes for the residents of our communities.

On a different note, we are sad to announce the resignation of our long-time Academic Coordinator, Paul Elisha. Paul was a fixture at Merrymeeting for over 10 years and he will be missed. Correspondingly, I want to announce that Jeannie Sullivan will be taking over the position as the new Academic Coordinator this summer. Please welcome Jeannie in her new position!

We expect another busy, dynamic, and exciting summer. Thank you again for your patronage and loyalty. Because of you, Merrymeeting Adult Education continues to set the standard for adult education in Maine.

Allen Lampert, Director
Merrymeeting Adult Education

WEATHER CANCELLATIONS
When MSAD75 or RSU 1 cancel school, adult education classes are also cancelled. If inclement weather starts during the day, adult education programs will announce at 2 pm if we will be cancelling classes for the evening. Please check our Facebook page for more information, or email Allen Lampert at lamperta@link75.org before venturing out to a class.

Cancellation Announcements:
Check TV channels 6, 8 and 13, Merrymeeting.org, Facebook or call 729-7323 BEFORE venturing out in bad weather! Canceled classes will resume the following week unless you are notified. Due to the size of our program, teachers and students will not be contacted individually.

CAMPUS LOCATIONS
MERRymeeting ADULT EDUCATION CENTER
35 Republic Avenue • Topsham
Phone: 207.729.7323
Email: adulted@merrymeeting.org
Monday - Thursday: 9:00am to 8:00pm
Friday: 9:00am to 3:00pm

BATH CAMPUS:
34 Wing Farm Pkwy • Suite 200 Bath
Phone: 207.443.8255
Email: hansonp@link75.org
Monday - Thursday: 9:00am to 5:00pm
Friday: 9:00am to 2:30pm

CLASS LOCATIONS
Adult Ed Center, Topsham
35 Republic Avenue, Topsham
Adult Ed Center, Bath
34 Wing Farm Pkwy, Suite 200, Bath
Mt. Ararat High School
68 Eagle’s Way, Topsham
Mt. Ararat Middle School
66 Republic Avenue, Topsham
Morse High School
826 Shipbuilder Way, Bath
Bath Regional Technical Center
826 Shipbuilder Way, Bath
Brunswick High School
116 Maquoit Road, Brunswick
Region 10 Technical High School
68 Church Road, Brunswick
Wiscasset Middle High School
272 Gardiner Rd, Wiscasset
People Plus
35 Union Street, Brunswick
Bowdoinham Town Landing
Mailly Waterfront Park, Bowdoinham
UMA-Brunswick Campus
12 Sewall St, Brunswick
Merrymeeting Arts Center
9 Main Street, Bowdoinham
Tony’s Studio
135 Water Street, Bath
Welcome Center
220 Neptune Dr., Brunswick

THERE ARE NO CLASSES ON THE FOLLOWING HOLIDAYS AND SCHOOL VACATIONS:
Memorial Day May 29
Juneteenth June 19
4th of July July 4
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**MERRYMETTING SPRING PSYCHIC FAIR**

Join us for Merrymeting’s inaugural Spring Psychic Fair this May, 2023! You’ll be able to have a psychic reading, shop for jewelry, stones, and crystals, have a massage, and check out some tinctures. Plus a whole lot more!! We will also have free workshops throughout the day.

**Attendees include:** Jeannie Sullivan: HeartFelt Energies, Kirk Caulfield: Caulfield Awareness, Erik Giguerre: Sage N’ Spice Health + Wellness, Catherine Scanlon, Alecia Lorance: Enchanted Woods Sanctuary, Stephen Hardy: Mind Body Soul Wellness Center, Melissa Sinclair: Purple Lotus Health + Healing, Jenn Richeson + Jerry Howard: Wildyspired Soul Enlightenment, Wanda VanNorden: Wire Wrapping Creations. Join us for the day, registration is not required! Saturday, May 20, 10am to 3pm

Adult Ed Center, Topsham ..........................FREE
CURRENT ACADEMIC PROGRAMS

If you have credits from when you last attended high school, we can help you complete the rest of your requirements so you can take the High School Equivalency Test and receive your diploma.

To help you do this, Merrymeeting Adult Education offers 3 academic terms per year: Fall, Winter/Spring and Summer. Each term has in-person and on-line day and evening classes throughout the week for students wishing to enroll to complete their high school diploma.

We offer a variety of programs for our continuing and returning students:

- HiSET Learning Lab
- English Language Arts Lab
- Critical Reading & Writing
- U.S. History
- Chemistry w/Lab
- Math Lab
- Arithmetic and Algebra
- Computer Fundamentals

You ONLY need 5 High School Equivalency Tests to receive your diploma from Merrymeeting Adult Education:

- Reading
- Writing
- Science
- Social Studies
- Math

GET STARTED TODAY!

It's easy! Here's what you need to do:

Call our office to set up an appointment. Complete the intake paperwork and pre-CASAS testing. Review your learning plan with Dawn, Paul or Pauline. Complete the needed classes. Take the HiSET PreTest. Take and pass all of the Official HiSET Tests. Graduate. Receive your diploma. That's it.

WE CAN ALSO HELP WITH

Once you have your high school diploma, we can help you with your career goals. Reach out to us today so we can help you get the certificate or degree you'll need to get your dream job!

- College Academic Success Class
- College Transition Classes
  - Prep classes before starting college
- Goal Setting
- Career Planning
- Workforce Development Programs
  - Academy of Medical Professions
  - Certified Nurses Assistant (CNA) Certificates
    - CNA Certificate
    - CNA-M Certificate
    - CRMA Certificate
    - UGotClass Online Training Certificates

Please contact Dawn Wheeler (wheelerd@link75.org) or Pauline Hanson (hansonp@link75.org) to get started today.

Academic classes are free to students completing HiSET. Please visit our website for more details, or call the office for inquiries. The spring term at Merrymeeting starts on April 3 and ends on June 15, 2023. The summer term starts on July 5 and ends on July 27, 2023.

Call Dawn Wheeler for questions about Topsham/Brunswick programs, or Pauline Hanson for Bath/Wiscasset programs.
ENGLISH LANGUAGE LEARNING
These classes are an opportunity to learn the basics of English, including conversation and grammar. Students will learn sentence structure, spelling, reading comprehension, and writing. Classes are held in-person and online. Books and materials are included and free to students enrolled in our program.

Spring Term: April 3 to June 15, 2023
Summer Term: July 5 to July 27, 2023

We offer the following classes for our English Language Learning students:

• Introduction to English
• Beginner ELL
• Intermediate/Advanced ELL
• ADVANCED ELL
• American English Pronunciation
• Intro to Computers
• Intermediate ELL
• ELL CNA Prep
• Building Your Future: Education + Training in Maine

There are NO CLASSES in district schools on the following Holidays + School Vacations, unless noted otherwise.

Memorial Day May 29
Juneteenth June 19
Independance Day July 4

WANT MORE FOR YOUR FUTURE?
We can help you!
Career Navigation can get you on track to land a new job or move up in your current one!

• Resume + interview help
• Training + Certification
• HSET + Apprenticeships
• Support services and more!

CASSIE ROBICHAUX
Career Navigator

Contact Cassie:
cassie_robicchaux@msad40.org • 857.277.4289

MERRYMEETING
ADULT EDUCATION

Begin your healthcare career today!
Become a Certified Nursing Assistant with our State-Approved CNA Program.

For more information, contact Pauline at hansonp@link75.org or 443-8255

ACADEMY
of MEDICAL PROFESSIONS

Become NATIONALLY CERTIFIED to work in the medical field in as little as 16 to 20 weeks. Choose from the following certificate courses:

Medical Coding w/CPC Certification, Medical Office Specialist w/Medical Billing Certificate, Clinical Medical Assistant, Dental Assisting Pharmacy Technician Certification with PTCB National Certification, Phlebotomy with CPT Certification, Medical Transcription Certificate

AMP is certified by the Maine State Department of Education and is established in the Adult Education Systems in Maine. To register for the Academy of Medical Professions certificate programs listed on this page, or for more info on payment plans, please contact Jose Rodriguez, Jr. at rodriguezj@link75.org
GHOST STORIES FOR SUMMER NIGHTS
Remember sitting around the campfire toasting marshmallows and telling scary stories? In this short course, we will learn the history of the ghost story, why it is popular in cultures worldwide, and how to spin your own spooky yarn for fun and entertainment. Class takes place on Zoom. Students must have reliable internet, and an audio and video enabled computer, tablet or smartphone to participate. Instructor: Laurie Notch
Wednesday, 7/12, 6 to 8pm, 4 wks.

Online ................................................................. $50

SPOTLIGHT ON UKRAINE
This is a stand-alone lecture on the Ukraine crisis and its response to Russia’s 2022 invasion and is delivered by an individual who pled guilty to being an unregistered foreign agent for Ukraine in 2018. Before Russian tanks rolled across Ukraine’s border, the agriculturally-rich nation once called the “breadbasket of Europe” experienced two revolutions driven by popular protest movements. Sam Patten has worked for a range of Ukrainian political parties from 2007-18 and will share his insights into what is motivating the different sides of the conflict as well as dynamics of Ukrainian social/political life. Registration fee will be donated to Doctors Without Borders, who have teams operating in 6 countries bordering Ukraine to aid Ukrainians fleeing the conflict. Topsham Talk: Tuesday, 5/23, 7 to 9pm
Adult Ed Center, Topsham ....................................... $10

RENTING FOR SUCCESS
Renting for Success provides a better understanding of how to find, maintain, and succeed in today’s rental market. It also assists you in understanding your rights as a renter and provide you with an understanding of what a landlord expects from their tenant. The program cannot guarantee success but it will assist you in your efforts to find your next home. A Certificate of Completion will be awarded to the participant upon conclusion of the course. Course is co-sponsored by the Brunswick Housing Authority. Workshop is 2 nights, 5/30 & 6/1
Instructor: John Hodge
Tues, Thurs, 5/30, 6 to 8pm, 2 Nights
Adult Ed Center, Topsham ...................................... FREE

A FALLEN STAR, BOOK SIGNING EVENT
A Fallen Star, by Maine historian and author, Lori-Suzanne Dell, is the true story of the January 1808 murder of Cumberland County Deputy Sheriff Ebenezer Parker and the Portland execution of Westbrook Blacksmith Joseph Drew. The story of Parker and Drew evolved into a twisted myth and long-lasting legend, which has lasted for more than two centuries and left an unsolved puzzle for over two hundred years, which has been deemed, “the ultimate Cumberland County cold case.” Instructor: Lori-Suzanne Dell
Thursday, 6/8, 5:30 to 7:30pm, 1 Night
Adult Ed Center, Topsham ...................................... FREE

SCAN THIS QR CODE WITH YOUR SMARTPHONE TO VISIT OUR CATALOG ON OUR WEBSITE: MERRYMEETING.ORG
NEW BUSINESS PARTNERSHIPS

Merrymeeting Adult Education is now partnering with the Maine Tasting Center and its nonprofit partner organization Maine Food and Beverage Education Center to offer our community several new classes designed to tantalize your taste buds and celebrate some of the culinary flavors that are native to our great state! Some classes will be held at the Maine Tasting Center’s brand new Learning Center located at 506 Old Bath Road in Wiscasset.

NEW BUSINESS PARTNERSHIPS

New England Fitness is your total 24/7 - access, video-secured, community fitness and wellness center, focusing on your health in a professional, supportive, and caring environment - our #1 goal is helping you reach your fitness and wellness goals. “All of the right equipment and programs to keep you looking and feeling your best.” Merrymeeting and NE Fitness are partnering to bring our community members new and exciting fitness offerings for the new year!

Merrymeeting is partnering with AFCU to bring our community members new (and FREE) workshops that will help provide some important information about a variety of financial topics. Atlantic Federal Credit Union serves Southern Maine in Biddeford, Brunswick, Cumberland, Freeport, Sanford, Saco, Topsham, and York. Their mission is improving their members’ financial quality of life, while taking an active role within their communities. “As a nonprofit institution, we exist solely for your success. Instead of pocketing profits, we use them to secure better rates and other top-of-the line services. We also play an active role in the communities we serve. Because we believe money isn’t the end, but the means to live a rewarding life.”

LET’S PARTNER!

At Merrymeeting Adult Education, we love our community and the partnerships we have fostered. Each partnership has helped us and our community.

- Are you a service provider who wants to help your community?
- Do you sometimes need a meeting room, or other space to meet with your clients or a group?
- Would your clients benefit from our academic and enrichment programs?
- Do you have a large space that you would like to use to host adult education classes?

Email us to learn how we can make a difference while serving our community together.

rodriguezj@link75.org

www.merrymeeting.org • 207-729-7323 or 207-443-8255
YOUTH AND FAMILY PROGRAMS

POLYMER CLAY CREATIONS: KIDS CAMP
Learn, explore and create with Polymer Clay! Kids will be working with simple tools to create unique pieces. During this creative camp experience, they will learn to make geometric patterns by rolling, stacking and slicing polymer clay. They will be able to make jewelry, key chains, decorative lids for jars, and more. All materials provided. No experience required. Camp runs 7/10, 7/11, 7/12 & 7/13, from 9am-12pm each day, for ages 8 to 12. Instructor: Melissa Smith Monday, Tuesday, Wednesday, 7/10, 9am to 12pm, 3 Days Adult Ed Center, Topsham .................................................. $120

YOUTH SAIL TRAINING FOR HIGH SCHOOL STUDENTS
Learn to Sail a Tall Ship! Accredited program in Nautical Science. Students will become part of the crew and learn all aspect of sailing a tall ship including navigation, sail handling, culinary, anchoring, ship handling, engineering, voyage planning, weather prediction, watch standing and safe operations. Daily schedule includes sailing, visiting islands by small boat, and learning in company with 6 students and 2 crew. Licensed professional captain. Cost: $1500 including meals and a berth for 5 days and 4 nights. One elective credit will be awarded to students by Mt. Ararat High School at the completion of the program. AGES: 14-18. LOCATION: on board Schooner Sara Jane and SV Brightside. Instructor: Alex Agnew Monday to Friday, 7/10, 9am to 5pm, 1wk. Freeport Town Wharf .................................................. $1500

YOUTH SAIL TRAINING FOR MIDDLE SCHOOL STUDENTS
Learn to Sail a Cruising Boat! Accredited program in Nautical Science. Students will become part of the crew and learn all aspects of sailing a cruising boat including navigation, sail handling, anchoring, steering with a tiller, basic engineering, using an outboard, rowing a dinghy, weather prediction, watch standing, route planning and safe operations. Daily schedule includes sailing, visiting islands by small boat, and learning in company with 6 students and 2 crew. Licensed professional captain. Cost: $295 for 40 hour program. Program runs rain or shine. AGES: 10-13. LOCATION: on board 23’ keelboat (Pearson Ensign). Instructor: Alex Agnew Session 1 Monday to Friday, 7/10, 8:45am to 4:45pm, 1wk. Session 2: Monday to Friday, 7/14, 8:45am to 4:45pm, 1wk. Freeport Town Wharf .................................................. $295

ALICE’S YOUNG EXPLORER’S CAMP
Each morning, your child will be introduced to nature by learning some basic Registered Maine Guide skills. Throughout the week, they will practice using a compass, learning to identify different flora and fauna, starting a fire, cooking on a fire, tying knots, building shelters, and adapting to different weather conditions. They will create a nature notebook, keep daily logs and drawings, practice outdoor mindful experiences and be guided by Master Maine Guide Alice. Everyone should dress for the day’s weather, bring a small backpack with water and nut-free snacks, pencils and markers, a hat, sunscreen, non-aerosol bug repellent, and their curiosity. For ages: 8 to 12. Instructor: Alice Bean Andrenyak Monday to Friday, 7/17, 9am to 1pm, 1wk. Adult Ed Center, Topsham .................................................. $195

EUREKA! INVENTORS CAMP
Recreate some of the most important & exciting inventions of all time! Overcome a series of inventing challenges, build Rube Goldberg machines, construct catapults, fabricate flying contraptions, design gizmo prototypes, use ingenuity to survive on a deserted island, build a light saber, and more! For ages 6-12. Camp presented by Mad Science of Maine, and sponsored by Merrymeeting. Monday to Friday, 7/17, 9am to 3pm, 1wk. Adult Ed Center, Topsham ............ $325

MERRYMEETING ART CAMP: SUMMER VACATION
Draw, paint, make prints, explore collage, and get into a creative headspace in this weeklong art experience. Work from observation, abstraction, and try out working from imagination. Learn to: compose your pieces in different ways as we talk about composition, discover what makes an image feel more or less "real", and expand your comfort zone of materials and techniques. No worries if you haven't had art for awhile, come join us for some summer art making fun! For ages 11-14. Instructor: Jennifer Linskey Monday to Friday, 8/21, 9:30am to 2:30pm, 1wk. Adult Ed Center, Topsham ............ $245

Your kids are in good hands! Our staff members are year-round employees of Merrymeeting Adult Education that have passed all MSAD #75 hiring guidelines (fingerprinting, criminal background checks) and have recently completed Red Cross certification in Adult + Pediatric CPR + AED and Emergency First Aid Training. Staff will be available each morning as well as at pick-up times. Does not apply to Youth Sail Programs. Limited scholarships are available.
DRIVER'S EDUCATION

Are you 15 years of age or older and want your State of Maine permit to prepare for your driving exam? We offer driver education courses to help build strong, safe, and confident drivers. Students receive an instructional permit after successful completion of the course with a grade of 80 percent or better. Total hours of instruction is 40; 30 classroom and 10 driving. Only employee discounts for this class.

If you are employed by MSAD 75, RSU 1, Brunswick or Wiscasset school departments, please call Merrymeeting to register by phone. Student MUST bring birth certificate to the first class and a pen to every class.

THE LIVING UNIVERSE CAMP

Ever wanted to create your own world? Then join us for this magical week of immersive, creative, and innovative fun in this unique day camp experience. You and your fellow campers will take over Merrymeeting and construct your own living universe. What will you create? Will you construct soaring papercraft trees and convert our classroom into a magical forest, or will you build your very own space ship to explore a far away planet filled with the creatures of your wildest imagination? Come join us for this hands on, building camp that brings imagination to life through the magic of immersive play! Ages: 8-12. Instructor: Andrew Edwards

Monday to Friday, 7/10-7/14, 9:30am-2:30pm
Adult Ed Center, Topsham .......................... $295

FAMILY FUN DAY

Merrymeeting will be hosting a special day at our center for families to enjoy with each other. Join us for a day packed with special activities including: ice cream cone printmaking, family bingo, scavenger hunt, and so much more. Light snacks and refreshments will be provided. Registration is FREE but required to participate. Instructor: Merrymeeting Staff

Sunday, June 25th, 10am-2pm
Adult Ed Center, Topsham .......................... FREE

KIDS FREE TO GROW

Kids Free to Grow offers community based parenting programs that promote healthy discipline. Our mission is to prevent child abuse and neglect by empowering children and families in York and Cumberland Counties. Kids Free To Grow offers Parenting Programs in a group setting to promote healthy ways of parenting. We use the Active Parenting and Nurturing Parenting programs as evidence-based curriculums. We offer ongoing parenting classes throughout York and Cumberland counties. To be contacted on upcoming classes please contact: Christina Kenney at christinak@kidsfreetogrow.org or call (207) 956-3750. Some of our programs include:

- Parent Café
- Active Parenting: First Five Years
- Nurturing Parenting Program
- Circle of Security Parenting (COSP)®
- Infant Safe Sleep
- Period of Purple Crying

AFTER THE BELL RINGS

Combat a society where we have been lulled into a sense of complacent movement. Learn how to apply situational awareness and create personal safety as a family and in different real world scenarios that children/teens have had happen to them. Learn about the Color Codes of Awareness, Rings of Trust for personal interactions, and what to do “if”. The short class will fly by, but afterwards parents will work with their family to implement what they have learned and review what to do as the children grow older. One book will be given to each family attending. Course fee is per family (up to 3 members). Instructor: Alice Bean Andrenyak

Tuesday, 5/9, 5:30 to 7:30pm, 2 wks.
Adult Ed Center, Topsham .......................... $35
What is the name, size and medium of the piece? “Worm Rain”, 19” x 25”, Pastel on paper.

Why did you choose this medium for this piece? In-person, there is a definitive texture to the piece that feels important to the experience of the artwork. Some of that texture translates into the digital version, which makes the intentionality of the medium even more stark. I chose pastel for this piece because the medium itself has a dual nature that lives between two worlds, both of which I love: painting and drawing. I find dry media well suited to both blending, and invigorating blended areas with rhythmic, sketchy mark making.

In a nutshell, what was your inspiration behind the piece? The inspiration for this piece was a beautiful moment I experienced on a rainy April Fool’s Day last year. It was what fishermen call the first “Worm Rain” of the year. A sure sign of spring, when the earthworms rise from the saturated earth and struggle across the surface in search of less waterlogged pastures. Many don’t make it, and get stranded on sidewalks (like those outside Merrymeeting). Others get washed into rivers and streams where they become food for trout. I began to imagine a “worm’s eye” view of this spring rite, on an auspicious day which in many New England states is the opening day of fishing season. I gazed upward and saw the soft light filtering through the bare trees, with the raindrops falling down between them, experienced a singular moment I found breathtaking, and the idea for “Worm Rain” was born.

There is a clear exploration of perspective in the work. Would you speak some as to this optical experience? Was it intentional or a by-product of the subject matter? The exploration of perspective was most certainly one aim of this worm’s eye view of sky and trees; and intentional because in thinking like a worm, I had to imagine their perspective and how the scale of things would change. In technical parlance this is an expression of foveal perspective in the human cone of vision. Instead of pointing the central focusing area of our eye (known as the fovea) at the horizon, as we normally do when viewing a landscape, looking upward at the sky creates a vanishing point somewhere in the sky over our heads, with all surrounding visual data like trees converging toward it.

Additionally, the color palette you choose creates this sort of kaleidoscope effect, enhancing the optical experience. Yet, because of the way you render the color (I pick up a lot of different tints & tones from similar hues), there is also this stained glass quality. Would you speak some as to the use of color in the piece? The color palette for “Worm Rain,” combined with the mark making technique—which my sketching students often hear me refer to as “sketching rhythm”—is something that is unique to every artist, as distinctive as a fingerprint. Here, by changing direction of the sketching rhythm I think it lends life and energy to the marks so they approximate my experience of that day. Color and mark making coalesce to give the image a lyrical sense, a palette composed of colors I personally associate with the imaginings and memories I was feeling at the time. Abstracting the colors of the light filtering through this cathedral of trees allowed me to call up images that crossed my mind during the moment. Hearing, seeing, even smelling the rain; excitement about the impending spring and fishing season, imagining the worms as food for hungry brook trout. This palette and the act of applying the media becomes my way of expressing the entirety of my experience in that wonderful moment that I won’t forget.

Many artists have developed processes they engage in before they start working in their studios, +What does your pre-studio ritual look like? I strongly believe that the sketchbook is the most important tool of the artist. Before entering the studio to express an idea, to bring an experience of mine to life visually, it has already been recorded, tested, and explored in my sketchbook or en plein air first. By the time I am ready to actually work on something, I’ve hatched it, lived with it a bit, felt the feelings, understood them and laid the groundwork for taking my personal experience and translating it into visual expression. I get to the point where I can’t wait to get started. For the pre-studio ritual, I prep my surfaces, organize my materials, and don old clothes. I make sure to have a thermos of hot black coffee at the ready. No phones, screens, or distractions. I gird myself to tread boldly in a purely visual world. The mark making, colors, and composition become the language I use to speak the things I want to say. Some of the best advice I ever got from an art instructor was simple: pay attention. I took that to mean turning on the area of my brain that notices everything, which thinks deeply about not only the way something looks, but how it makes me feel.

Art is a constant internal dialog, a translation of incoming visual and emotional data that gets expressed in physical marks.
SUMMER CLASSES WITH ED

PLEIN AIR WATERCOLOR STUDIO
A great follow up to the Spring Watercolor field journal prep course, but having taken that class is not a prerequisite for this one. If you're interested in getting outside and capturing the day in your watercolor field journal, here's your opportunity. Weather permitting, we'll meet at various scenic locales and work en plein air. Otherwise, we'll work indoors in the classroom. So pack up your field kit and dust off your watercolor journal! NO CLASS: 6/19. Instructor: Ed Higgins
Monday, 6/12, 10am to 2pm, 10 wks.
Adult Ed Center, Topsham ........................................ $145

PLEIN AIR OIL STUDIO
It's summer, and in Maine that's the perfect time to get outside to paint. This is a follow up to last year's plein air oil class, but it's not a prerequisite. All you need is a desire to work out of doors in oils. Artist Ed Higgins will work with you one on one, depending on your skill level. We'll meet at a variety of scenic venues in and around Brunswick, Topsham, and Harpswell (weather permitting).
Instructor: Ed Higgins
Wednesday, 6/14, 10am to 2pm, 10 wks.
Adult Ed Center, Topsham ........................................ $145

OPEN STUDIO W/ ED
Open Studio with Ed on Tuesdays in Topsham! Stop by anytime between 1 to 4pm, for 10 weeks! Any medium, bring in your projects, get one-on-one tutelage from Master Artist Ed Higgins. NO CLASS: 7/20. Instructor: Ed Higgins
Thursday, 6/15, 1to 4pm, 10 wks.
Adult Ed Center, Topsham ........................................ $95

SKETCHING WHAT YOU SEE
In this class you will learn to see like an artist, which will help you become confident with drawing what you see. This course will benefit both beginning and experienced artists. Gain practice learning how to start a sketch, how to avoid rushing the details, plus techniques for creating drama, contrast, movement and “life” in your work. In addition to the classroom we'll occasionally meet somewhere nearby to work outdoors if there's enough student interest.
Instructor: Ed Higgins
Friday, 6/16, 9am to 12pm, 10 wks.
Adult Ed Center, Bath .............................................. $145

ABSTRACT STUDIO: WORKING SMALL
This Abstract workshop will center around each student planning and executing an original series of related small works. Media, size, and aspect ratio are up to you. You may decide to fill a wall with small 6” x 6” canvases of abstracted botanicals, or do a series of stylized figure drawings ranging from 4” x 5” to 11” x 16”. Whatever you decide, however, your series should be related by the theme, subject matter, or motif of your choosing. You will develop the series in class, as if you were preparing for a gallery exhibit, and at the end of the term we will have a final display and critique where the whole class will give you feedback.
Instructor: Ed Higgins
Friday, 6/16, 1to 4pm, 10 wks.
Adult Ed Center, Bath .............................................. $145
We are excited to invite you to visit the 2023 Merrymeeting Adult Education Community Art Show. The show will display work from teachers, students, staff and MSAD #75 employees, and will be displayed throughout our building. Please come to the Opening Reception on May 5th or drop by anytime during the month of May, when our office is open, to view the amazing art from the adult education community.

May 5th: Opening Reception, 4 to 6pm
May 5 to June 2nd: Drop by the office and enjoy the art

For the Fall 2023 season, Merrymeeting will be launching an inaugural artist-in-residence program for Maine artists. In fact, we will be launching two residencies this Fall; one based out of Topsham/Bowdoinham and the other based out of the Bath/Wiscasset region. As our arts community has expanded over the last few years, we have recognized the need to support Maine artists in a more direct way.

Maine artists and the local arts communities we serve are the backbone of our cultural footprint. The more we promote them, by developing opportunities to showcase their work, the stronger our communities will be for it.

Eligibility: Any visual artist living and working in Maine may apply. All types of studio practices are welcome. Current students in accredited post-secondary fine art programs are ineligible to apply.

NOTE: AIR application will be emailed directly to you after registration.

QUICK DETAILS

Partnering Art Galleries: Merrymeeting Arts Center (Topsham/Bowdoinham residency), Chocolate Church Arts Center (Bath/Wiscasset residency)

Type of Residency: Day program for working Maine artists (no living space provided, only studio space)

Length of Residency: 4 weeks (Sept 2023 for Topsham/Bowdoinham residency, Oct 2023 for Bath/Wiscasset residency)

Artist Stipend: $1,000.00
Materials Stipend: Up to $200.00 (via reimbursement)
Marketing Budget: Up to $150.00 (used by Merrymeeting)

For more information, please contact Jose Rodriguez Jr. at rodriguezj@link75.org

Application period: 5/2-6/2
Online registration required, $10
FINE ARTS + CRAFTS

LEARN CALLIGRAPHY IN 4 WEEKS!
In this unique class, we will explore a variety of authentic Chinese calligraphy fundamentals and styles through hands-on and weekly practice experience, discussion and reflection. Class is open to all levels of interest and experience, and could be particularly beneficial for Chinese language learners, graphic designers, and artists who want to forge a stronger connection between typography on a screen and handwritten characters on paper. The class also covers the rich contents of Chinese ancient and contemporary cultures.
Instructor: Jing Jing Luo Haven
Session 2: Tues, 7/25, 3:30 to 5:30pm, 4 wks.
Adult Ed Center, Topsham .................. $65

YOUR NAME IN CHINESE CHARACTERS
In this special workshop, learn to reconstruct your name (or any name) into Chinese characters using ink brush calligraphy; Jing Jing will guide you through the process of creating unique symbols that represent the name you have chosen. You will leave with a framed (frame not included) work of art that can be used for celebration of life events, template for a tattoo, or a gift for any occasion.
Instructor: Jing Jing Luo Haven
Session 2: Tuesday, 7/11, 5 to 8pm, 1 Night
Adult Ed Center, Topsham .................. $45

HEALING THROUGH ART
Art is a beautiful form of expression and a universal method for healing. It forges a connection between the body and the mind to create something unique. My course will be guiding you through a couple simple projects of different mediums that are intended to help you understand how creating a piece of art helps heal no matter the materials used. I hope to help you develop a better understanding of how you translate your inner struggles into something meaningful.
Instructor: Maggie Morgan
Session 2: Tuesday, 6/6, 6 to 7pm, 4 wks.
Adult Ed Center, Topsham .................. $55

SPECIAL NOTE: Most of our art classes require you to purchase materials ahead of time to fully participate in the class. Actual class supply lists are emailed to students after they register and before the first day of class.

PRESSED COTTON PAPER ORNAMENTS
Pressed cotton paper ornaments originated in Germany, Russia and Austria. Cotton paper pulp is pressed on ceramic paper molds and removed when dry. Gold accents were used on the torn edges. Students may bring dried flower petals to add to their ornaments to create a unique touch. $5.00 Lab Fee due at beginning of class.
Instructor: Penny Hartwell
Tuesday, 5/23, 5:30 to 8:30pm, 1 Night
Adult Ed Center, Topsham ........................................... $45

PIERCED PAPER LAMPSHADES
Cutting lampshade is a very old New England art, originally done on tin and copper in the early 1900’s. You’ll make a pierced paper lampshade and learn how to cut an arc; cut, pierce and watercolor a design; then assemble your lampshade. Finish your unique creation with grosgrain ribbon and velvet. The Instructor will have plenty of designs to choose from. Art supply list will be provided. Instructor: Penny Hartwell
Tuesday, 6/6, 5:30 to 8:30pm, 3 wks.
Adult Ed Center, Topsham ........................................... $60

ACID ETCHING GLASS
We will create designs on glass with a frosted look. These designs will be permanent on the glass. Bring your own wine glasses, vases, etc to personalize. Some glass items will be provided as well. Quick, fun, easy projects with beautiful results. Lab fee: $5.
Instructor: Penny Hartwell
Monday, 6/26, 5:30 to 8:30pm, 1 Night
Mt. Ararat Middle School ........................................... $45

When you register for a class, PLEASE be sure to give us your current and correct email address. We communicate ALL course changes, materials lists, reminders and other details via email. Your privacy is important to us, we DO NOT Sell or SHARE your personal information.
ADVANCED SILVER JEWELRY MAKING
Advanced Silver Jewelry will take you to the next step in the precious metal clay process! In this 3 week class you will learn how to create bezels and other types of stone settings -- to include how to calculate how much your clay will shrink, stone setting techniques and when to use each style. On the second night of class, Penny will demonstrate 2 types of enameling, resin and glass and how to use it on your fired pieces. A materials fee of $90 is due on the first night of class, and includes silver clay and other tools/materials that will be available to use. Please bring a small container to store and protect your work in progress between the 1st and 2nd night of class. Instructor: Penny Hartwell
Monday, 7/10, 6 to 9pm, 3 wks.
Mt. Ararat Middle School .................. $60

POLYMER CLAY CREATIONS: SUMMER WORKSHOP
Explore the possibilities of this exciting and inexpensive medium and learn to make geometric patterns by rolling, stacking and slicing polymer clay. Make jewelry, key chains, decorative lids for jars, and so many possibilities. All materials provided. If you have your own needle nose pliers, please bring them with you.
Instructor: Melissa Smith
Thursday, 6/8, 5 to 7:30pm, 1 Night
Adult Ed Center, Topsham .................. $35

LILACS IN WATERING CAN
Come paint a beautiful vintage watering can filled with lilacs. Shirley will lead you step by step and show you how easy painting lilacs can be. Dry brush and layering are some of the techniques you will use to create this beautiful work of art.
Instructor: Shirley Anderson
Thurs, 5/11, 5:30 to 7:30pm, 1 Night
Adult Ed Center, Topsham .................. $35

SEAGLASS DRIFTWOOD SUN-CATCHER
Create your own sea glass sun-catcher. Hang it in a window or hang it in a garden, it will look beautiful anywhere. This beautiful project is perfect for anyone who loves whimsical ocean decor.
Instructor: Shirley Anderson
Tuesday, 7/25/2023, 5:30 to 7:30pm, 1 Night
Adult Ed Center, Topsham .................. $35

DUNES & ROSES
This simple but elegant painting is done using a layering and dry brush technique. Come join us and paint Beach Roses and Dunes. There's no doubt that you will smell the salty air.
Instructor: Shirley Anderson
Thurs, 6/15, 5:30 to 7:30pm, 1 Night
Adult Ed Center, Topsham .................. $35

DUNES & ROSES
This simple but elegant painting is done using a layering and dry brush technique. Come join us and paint Beach Roses and Dunes. There's no doubt that you will smell the salty air.
Instructor: Shirley Anderson
Thurs, 6/15, 5:30 to 7:30pm, 1 Night
Adult Ed Center, Topsham .................. $35

LANDSCAPE ON LOCATION
Please bring any media you would like to explore; pastels, watercolor, acrylic, oils; canvas, paper, board, and add as you require. Suggestions for supply list, including items you need to bring to be comfortable in the landscape will be provided. We will have periodic critiques to learn and share ideas with classmates. *Wednesday, June 7-July5 1-4pm, 5 Wks. (with a 6th week penciled in on your calendar in case we need to reschedule a class due to inclement weather) I make the “call” by 10am that morning, and notify you via text. Instructor: Jennifer Linskey
Wednesday, 6/7, 1 to 4pm, 5 wks.
Mitchell Field, Harpswell .................. $95

VISIT THE WINSLOW HOMER STUDIO!
Join us for a special day trip to the Portland Museum of Art (PMA), and experience the New Winslow Homer Studio Tour! First, we’ll leave together from Merrymeeting to the PMA. Second, we’ll navigate the museum until it’s time for the tour. Winslow Homer Studio Tours include transportation to and from the PMA to the Homer Studio and is a 2.5 hour guided experience. Tickets are non-transferable and non-refundable and tours will run regardless of the weather. Tickets also include complimentary admission to the PMA before and after your trip to the studio. Instructor: Jennifer Linskey
Saturday, 7/8, 11am to 4pm, 1 Day
Adult Ed Center, Topsham .................. $95

DRY COLOR MEDIA
Colored pencil, soft pastel, and oil pastel; we’ll spend time getting to know each. This is a great class for those of you who would like to begin to explore color without the starting and stopping of mixing paint. We’ll explore multiple ways of laying down, and building up, color. It is helpful to feel comfortable with drawing and/ or be willing to work on drawing ideas. Patient and persistent beginners are welcome. Personal instruction will meet you where you are at, as we work from still life arrangements.
Instructor: Jennifer Linskey
Tuesday, 5/23, 1 to 4pm, 10 wks.
Adult Ed Center, Topsham .................. $165
PAINTING BATH MAINE
Paint in and around Bath's historic downtown in this plein-air adventure. We'll paint outdoors rain, or shine (hopefully shine). If inclement weather, I will text you the morning of class to cancel. One rain date is added to class length, in case we do need to cancel.
Instructor: Jennifer Linskey
Wednesday, 7/19, 1 to 4pm, 5 wks.
Adult Ed Center, Bath .......................................... $95

A WALK INTO COLOR: WILDF-HARVESTING LOCAL DYE
Geared toward beginner to intermediate natural dyers/herbalists, this class will evolve with the seasons, the materials in season will reflect those shifts. We will focus on ethical/sustainable protocols, safety when wild-harvesting, processing, drying, and preparing these materials. The focal points will be on identification and proper harvesting of dye source(s), we will explore and discuss a multitude of color sources each meeting. Please wear appropriate attire for foraging and walking around wooded and potentially wet areas and bring a harvesting basket and/or a container for transport/storage, pocket knife and pruning shears.
Instructor: Alexandra Arellano
Friday, 8/11, 1:30 to 3:30pm, 1 Night
Head of Tide Park ............................................... $40

BUNDLE DYEING AND INTRO TO INDIGO
Join Alexandra for a natural dyeing workshop - an introduction and adventure into bundle dyeing, while also getting acquainted with a fresh leaf Indigo dyeing process. This ceremony will be in tune with the season and will seek to explore our connection to the natural world and color. We will walk around the land to learn about the flora that is in season and yields color. For this workshop, attendees should bring a small item they would like to dye. Whatever goes into the dye pot – must be 100% of natural origin (ie. wool, cotton, hemp, silk, wood, bamboo, etc.). If it is not natural, it will not absorb the dye and can potentially negate the color in the dye pot.
Instructor: Alexandra Arellano
Session 1: Friday, 6/9/2022, 4:30 to 7:30pm, 1 Night
Session 2: Friday, 8/12/2022, 4:30 to 7:30pm, 1 Night
Adult Ed Center, Topsham ...................................... $48

NATURE JOURNALING
Keeping a nature journal is one of the best and easiest ways to teach yourself about the animals and plants around you and to feel the rhythm of nature as the seasons change and the years go by. This three-week course will explore different approaches to nature journaling. Whether you are an experienced naturalist excited about exploring ecology more deeply or someone who has only recently discovered an interest in nature, you will learn how to make observations in your own backyard efficiently and effectively and, importantly, how to turn your journal into your own natural history teaching tool.
Instructor: Nat Wheelwright, Co-author of The Naturalist's Notebook and Professor of Biology Emeritus, Bowdoin College.
Wednesday, 7/12, 5-7pm, 3 wks
Harpwell Heritage Land Trust ................................ $65

WATERCOLOR EXPLORATIONS
This course is an investigation into the medium of watercolor. We will look at contemporary and historical watercolor artists and how they each utilized the same specific techniques in unique ways. Students will experiment with these processes and are encouraged to push the boundaries of the medium. A materials list will be provided, however students are encouraged to bring any watercolor supplies they may have.
Instructor: Megan Franasiak
Monday, 7/10, 5 to 7:30pm, 6 wks.
Adult Ed Center, Topsham ...................................... $95

ACADIAN RETREATS
Join Mary Laury, watercolor instructor and Chris Toy, cooking instructor for four days of indulging in your choice of painting or cooking in an idyllic coastal setting. Your day's explorations will be enriched by evening programs designed to extend your learning with themed movies and live music.
Acadian Arts Retreats 2023 Schedule:
May 26-29 Prospect Harbor
June 23-26 Campobello Island
July 20-23 Searsport Shores
Various Locations ................................................. $495

MACRAME BASICS
Learn the basics to create beautiful works of art ranging from plant hangers to wall hangings. In this class with Sarah McDarby we'll learn beginner knots as well as some common terminology associated with the art of macramé. A $10 materials fee, payable to Sarah McDarby the instructor, must be paid on the first night of the class.
Instructor: Sarah McDarby
Tuesdays, 7/25, 5pm-7pm, 6 wks.
Adult Ed Topsham ................................................. $70

PAPER STARS
Learn how to easily make beautiful paper stars! Choose from a variety of beautiful paper prints. Bring a friend for a fun night out!
Warning: Addictive and lots of fun!! Please bring double sided tape and we will provide the rest. Materials included.
Instructor: Shirley Anderson
Tuesday, 7/11, 5:30-7:30pm
Adult Ed Topsham ................................................. $35
OPEN STUDIO CERAMICS
Are you comfortable with your clay abilities and just looking for a place to work and improve your skills? Join us to start making all those things you have been dreaming up! This is not an instructor lead class, but the instructor will be on site working in case you need something. $55 for materials and studio fee, payable to instructor, must be paid on the first night of class. Class meets 6 times.
Instructor: Heather O'Neil • Morse High School .......................... $125

BEGINNER CERAMICS
Ever wanted to take some time for yourself and play with clay? Learn the basics of hand building and wheel throwing in this 6 week class. This class is geared toward the beginner. The first 10 people to sign up have priority on the wheel. Please let admins know if you prefer to hand build or wheel throw so we can keep an accurate account. Glazing will also be covered so that you can leave with finished pieces. $55 materials fee is due to the instructor on the first night of class. Class meets 6 times.
Instructor: Heather O'Neil • Morse High School .......................... $125

ADVANCED CERAMICS
In this class, you will learn how to throw plates (dinner wear set), (lidded vessels) casseroles and if time permits tea pots. This class is for individuals that have completed at least beginning & intermediate ceramics and/or who have experience throwing. $55 for materials and studio fee, payable to instructor, must be paid on the first night of class. Class meets 6 times. Instructor: William Flood • Morse High School .......................... $125

INTRO TO CERAMICS: HANDBUILDING
Join Melissa Bardsley for a 6 week class of hand building at Merrymeeting Arts Center in Bowdoinham. This class is intended for beginners, who will start with pinch pots and progress to 3D slab work where students will create plates, mugs, and lidded containers and then progress into students’ individual projects. Surface texture and design will also be covered and explored allowing for students to explore combining techniques. Take advantage of this opportunity to add creativity into your schedule and take time for yourself. A $55 materials fee, payable to the instructor will be paid on the first night of the class.
Instructor: Melissa Bardsley • Merrymeeting Arts Center, Bowdoinham .... $125

PLEASE NOTE: For Open Studio + Beginner Ceramics: the first 10 people who register get wheel priority. For all Ceramics Classes: A materials fee, payable to the instructor must be paid on the first night of the class. Due to safety concerns, only use materials purchased from, supplied by or approved by your instructor! Using outside materials can damage expensive equipment, you may be financially responsible for any repair or replacement fees.

PROCREATE ON IPAD
Learn to Paint digitally on the iPad using the beloved painting app Procreate. Have an iPad and want to learn how to use it to its full creative ability? Join us for this four week course that explores digital painting in depth. Learn how to navigate and use the software in new and exciting ways, explore the basics of building a composition up layer by layer, and learn from artist Andrew Elijah Edwards as he guides you through these new exciting tools in a fun, supportive environment. All skill levels are welcome. It is suggested that you bring an iPad and a Stylus such as the Apple Pencil. Instructor: Andrew Edwards
Wednesday, 6/7, 6pm-8pm, 4 wks
Adult Ed Topsham .......................... $50
SPIRIT HOUSE ASSEMBLAGE
This fun assemblage class is a creative spin to help you manifest goodness and set an intention for your year ahead. During our time together, I will show you how to construct a spirit house constructed using cold connections, collage, distressing and other sculpture techniques that are easy and fun. Kit includes base shape, collage and distressing materials as well as fun vintage items to choose from. Each Spirit House will be a unique creation - no 2 creations will be the same. 2 Days. There is a $25 materials fee, payable to the instructor at first class.
Instructor: Catherine Scanlon
Monday/Tuesday, 8/28 + 8/29, 12-3pm
Adult Ed Topsham ........................................... $45

MONOPRINTED NATURE JOURNAL
Join Catherine to learn the fun and carefree art of monoprinting using a silicone gelatin plate. Using your favorite craft paints, and elements such as flowers and leaves picked from nature, combined with stencils, you'll create a fun and colorful journal where every page was created by you as a jumping off point to unlimited creativity. This fast paced creative class will result in a journal you can build on with hand-lettering, stamping, collage and more. Class fee includes: silicone printing plate, brayer and paper. There is a $10 materials fee, payable to the instructor at first class. Also please bring: 6 - 8 coordinating 2 oz. craft paint colors, an apron, texture tools, paint brushes and textured paper towels.
Instructor: Catherine Scanlon
Wednesday, 6/7, 12-5pm
Adult Ed Topsham ........................................... $55

DECONSTRUCTED ART JOURNAL
In this workshop with Catherine, talk about what it means to deconstruct a journal, the secret to a successful image transfer, collage fodder, deconstructed poetry, photocopies, vintage photos, negative painting, using up extra paint and so much more. This class will be a jumping off point to create a unique and custom journal to document your creative journey. Course fee includes: 7x10 journal, micron or equivalent pen, and paint brush. There is a $10 materials fee, payable to the instructor at first class. Class is limited to 12 students. Instructor: Catherine Scanlon
Thursday, August 17th, 12-5pm
Adult Ed Topsham ........................................... $50

FANTASTIC PHOTO FINISHES
Organize & Edit Images On Your iPhone/iPad Photos App with BoomerTECH Adventures! This online asynchronous course is a step-by-step guide to organizing and editing images in your Photos App. It is packed with easy-to-follow videos that explain and demonstrate how to use your iPhone/iPad Photos App. You will learn how to navigate the Photos App, using the four major tabs—Photos, For You, Albums, and Search. You will also learn to edit photos, create slideshows of your best images, use the search feature to find photos, and use editing apps. Course link will be emailed directly to you after registration.
Instructor: BoomerTECH Adventures
Schedule is on-demand.
Online ............................................................... $35

FABULOUS PHOTOS: FLORA & FAUNA
Learn to take fabulous photos of flora & fauna with BoomerTECH Adventures! This online asynchronous course provides suggestions for taking beautiful photos of flowers, plants, and wildlife. Four easy to follow videos demonstrate and give examples of each of the suggestions. Suggestions include: using focus, exposure and HDR features to capture the beauty of your surroundings; ways to avoid blurry images; tips for composing your images; and editing options that turn so-so images into stunning ones. In addition to the videos, we offer articles and helpful PDFs to build your repertoire of photographic strategies. Course link will be emailed directly to you after registration.
Instructor: BoomerTECH Adventures
Schedule is on-demand.
Online ............................................................... $35
ARTISANAL CHEESES OF MAINE
Explore the fast-growing world of Maine cheese while also learning the ins and outs of artisanal cheese in general. Trace the history of the American artisanal cheese movement, see how it has played out in Maine and sample a curated selection of delicious Maine cheeses and dairy products. Students will leave the class with a new appreciation for the cheese industry right here in our state, plus a product list and information about how to continue their cheese education and exploration. This interactive class will be held in Maine Tasting Center's Learning Center building and taught by MTC instructor Eric Rector, cheesemaker and owner at Monroe Cheese Studio.
Instructor: Sara Gross
Session 1: Thursday, 5/4, 1 to 2:30pm, 1 Night
Session 2: Thursday, 6/8, 4 to 5:30pm, 1 Night
Maine Tasting Center ........................................ $35

DOWN EAST FAR EAST MAKI ROLLS
Sushi isn't only about raw fish! Join cookbook author Chris Toy for an evening to learn how to roll your own sushi maki rolls. We'll start with the traditional California Roll to get our technique down then move on to more local ingredients with fresh Maine ingredients. Those in the know bring containers for surplus!
Instructor: Chris Toy
Tuesday, 5/9, 5 to 7:30pm, 1 Night
Morse High School ............................................. $45

MAINE BAGEL LAB
There's nothing like a great, chewy bagel for starting your day off right - except for a great, chewy bagel that you made yourself with delicious local ingredients! In this hands-on workshop, students will learn how to make bagels from beginning to end - measuring and mixing the dough, portioning and shaping bagels, and finally boiling and baking. Craft your perfect bagel using Maine Grains flour and mix-ins/toppings from local producers - even mix your own flavored cream cheese to top it all off! This interactive class will be held in Maine Tasting Center's Learning Center kitchen. All ingredients, materials, equipment and recipes will be provided.
Instructor: Sara Gross
Session 1: Saturday, 5/6, 11am to 2pm, 1 Day
Session 2: Saturday, 5/20, 11am to 2pm, 1 Day
Maine Tasting Center ........................................ $75

MAKE AND CAN STRAWBERRY JAM
Strawberry season is almost here! And what better way to enjoy these berries than in homemade strawberry jam? Join Allison Carroll Duffy, Master Food Preserver and cookbook author, for this hands-on workshop, where you'll learn not only how to make strawberry jam, but also how to can and preserve it so you can enjoy it year round! We'll cover the basics of safe home canning, including proper procedures, techniques, and use of tools and equipment. Then we'll learn hands-on by making a big batch of strawberry jam, and canning it using the boiling water bath method. We will also discuss low-sugar and alternative-sweetener options for making jam. There will be plenty of jam to taste, and each participant will go home with a jar of jam to enjoy.
Instructor: Allison Carroll Duffy
Monday, 6/5, 5:30 to 8pm, 1 Night
Brunswick High School ........................................ $60

STRAWBERRY RHUBARB PIE
Have you suffered through pastry mishaps or despaired over runny pie filling? Let Deb help you with that! In one evening, we will make a standard two-crust Strawberry Rhubarb Pie that will get rave reviews. Hands-on instruction, recipes, tips and liberal tasting opportunities assure that this will be an exciting class. Bring plastic containers for samples, as well as an apron and your favorite rolling pin. $10 material fee included. No discounts. No experience necessary! Instructor: Deb Arter
Thursday, 5/4, 6 to 9pm, 1 Night
Brunswick High School ........................................ $40
LET IT GO FIESTA
"Let it Go with Tony" is under TDF (Tony Dance Fiesta LLC) and is not only a dance program that helps you physically by burning calories and keeping you fit, but it also helps you fight depression, it will encourage you to feel empowered and confident. It will be a time dedicated especially to you, where you will laugh, dance, without being judged. This class is for everybody, gender, age and shape… you will go at your own pace, just like you would in a nightclub or in a family party! Course fee is for 6 sessions with Tony.
Instructor: Tony Garreton
Session 2: Tuesday, 5/2, 5:30 to 6:30pm, 6 wks.
Tony's Bath Studio .............................................................. $70

YOGA: ALL LEVELS
Yoga is one of the oldest “holistic” health-care systems in existence, focusing on both the mind and body. Through the practice of yoga postures and breath work, you can connect with your body and mind and discover your spirit; yoga is the art of listening to all parts of your Self. Hatha yoga postures linked with the breath have a powerful effect on all systems of the body providing the energy to age gracefully, stay fit, improve circulation and posture, loosen and lengthen knotty muscles, reduce stress, increase bone density, and promote relaxation at the end of the day. Please bring a yoga mat. Recommended props include a cushion and/or yoga blanket, blocks, bolster, and strap. Covid 19 safety protocols will follow state and school district recommendations for in-person events.
NO CLASS: 5/29. Instructor: Barbara McGranahan
Monday, 5/1, 6:30 to 7:30pm, 6 wks.
Adult Ed Center, Topsham .............................................. $65

NORDIC WALKING
Nordic Walking is like cross country skiing without the skis and is one of the fastest-growing outdoor activities in the world. It burns 20 to 40 percent more calories than regular walking, develops upper body strength, increases safety by adding upright stability, while educing the impact on lower body weight-bearing joints. It improves neck and chest mobility, enhances mood, and is a fun and social way to enjoy the outdoors year round. Nordic walking is suitable for everyone from the beginning exerciser to the active athlete. Please wear comfortable footwear and dress for outdoor weather. Equipment rental fee $9 or bring a set of Nordic Walking poles.
Instructor: Barbara McGranahan
Session 1: Wednesday, 5/3, 5:15 to 6:15pm, 3 wks.
Session 2: Wednesday, 5/24, 5:15 to 6:15pm, 3 wks.
Adult Ed Center, Topsham .............................................. $35

NEW ENGLAND FITNESS: STRENGTH TRAINING
Lightweight circuit training class for beginners. Designed for those that are new to strength training or for those looking for a fun lightweight strength training/cardio conditioning circuit class. A NE Fitness membership is not required.
Instructor: Lionel Beaucage
Wednesday, 6/7, 9 to 10am, 6 wks.
NE Fitness .......................................................... $60

ZUMBA
Zumba is a Latin dance fitness program that has grown to include rhythms from all over the world. This class focuses on the core rhythms (salsa, merengue, cumbia, and reggaeton) with Afrobeat, street, hip-hop, pop, K-pop and urban Latin sprinkled in. The instructor will give cues for choreography that follows the music. This high-energy workout combines cardio, strengthening and toning while upping your energy and your mood. Dance sneakers recommended.
Instructor: Patti Lanigan
Thursday, 5/4, 6 to 7pm, 6 wks.
Mt. Ararat Middle School .......... $65

PSYCHIC READINGS W/ JEANNIE
Enjoy a psychic intuitive reading with Jeannie where you will hear from a loved one, spirit guide, angel, or the Universal Source itself. Come get your questions answered, find some direction, or simply enjoy what the other side has to say. After you register, you will be contacted by Jeannie directly with your specific time slot.

15 Minute Session: $25.00  45 Minute Session: $75.00
30 Minute Session: $50.00  60 Minute Session: $100.00
Saturday, July 8th, 9am-3pm Adult Ed Center, Topsham
LEARN TENNIS 123
Tennis 123 at Maine Pines is geared toward the beginning player or player returning to tennis. It includes 3 weeks of lessons designed to instruct the player in all aspects of the game. For the 3-week program, it includes a court fee membership at Maine Pines with a free cardio tennis class, a social mixer, free designated weekend court time, and free fitness membership during the month. Tennis 123 starts the first week of the month and runs for 3 weeks. Please complete paperwork at Maine Pines on your first day! Demo rackets are available to use during class if needed! Location: 120 Harpswell Road, Brunswick Instruction: Andrea Georgian Maine Pines ........................................... $55

TENNIS SCHEDULE:

MAY
Tuesday, 5/2, 9 to 10am, 3 wks.
Wed., 5/3, 6 to 7pm, 3 wks.
Saturday, 5/6, 10 to 11am, 3 wks.

JUNE
Tuesday, 6/6, 9 to 10am, 3 wks.
Wed., 6/7, 6 to 7pm, 3 wks.
Saturday, 6/10, 10 to 11am, 3 wks.

LEARN PICKLEBALL 123
Learn to Play Pickleball 123 is geared toward the beginning or returning to the game player! It includes 3 weeks of lessons designed to instruct the player in all aspects of the game. For the 3-week program, it includes a court fee membership at Maine Pines with free Pickleball court time and free fitness membership during the month. Equipment is provided as needed. Each session starts at the beginning of each month and runs for 3 weeks. The session runs on Fridays from 12-1pm. Join us for great fun on the court! Instructor: Andrea Georgian

Session 2: Friday, 5/5, 12 to 1pm
Session 3: Friday, 6/2, 12 to 1pm
Session 4: Friday, 6/7, 12 to 1pm
Session 5: Friday, 8/4, 12 to 1pm
Maine Pines .................................................. $55

JULY
Tuesday, 7/11, 9 to 10am, 3 wks.
Wed., 7/12, 6 to 7pm, 3 wks.
Saturday, 7/15, 10 to 11am, 3 wks.

AUGUST
Tuesday, 8/1, 9 to 10am, 3 wks.
Wed., 8/2, 6 to 7pm, 3 wks.
Saturday, 8/5, 10 to 11am, 3 wks.

MEDICINAL SALVE MAKING WORKSHOP
In this workshop, we will be working with a selection of organic and locally grown, wild-harvested and ethically procured flora and fungi to make medicinal salves. Alexandra will bring a selection of herbs, fungi and supplies to create your own salve to take home. She will teach participants how to properly prepare, make and utilize infused salves. This workshop will cover safety and sanitation; as well ethical harvesting, procurement and sustainability within this practice. Our focus will be on process, preparation and necessary tools to be able to make your own salve. We will also discuss some of the plants’ and fungi’s folklore, as well as uses and contraindications.
Instructor: Alexandra Arellano
Friday, 9/1, 4 to 6pm, 1 Night
Adult Ed Center, Topsham ................................. $45

MEDICINAL TINCTURE MAKING
For this workshop, we will focus on working with a selection of organic and locally grown, wild-harvested and ethically procured flora and fungi to make medicinal tinctures. Alexandra will bring a selection of both fresh and dried herbs and supplies to create your own tincture to take home. She will teach participants how to properly prepare, make and utilize macerated tinctures. We will cover safety and sanitation; as well ethical harvesting, procurement and sustainability within this practice. This workshop will focus on process, preparation and necessary tools to be able to make your own tincture. We will also discuss some of the plants’ and fungi’s folklore, as well as uses and contraindications.
Class meets on the following Wednesdays: 9/7, 9/21, 10/5, & 11/9.
Instructor: Alexandra Arellano
Friday, 9/1, 1 to 3pm, 1 Night
Adult Ed Center, Topsham ................................. $45

QIGONG WITH ROBIN: A MINI-COURSE
Join Robin to explore the four baskets of “Healer Within” Qigong practice--movement, breath, mind focus, and self-massage. In this mini-class we will learn the Nine Phases of Qi, and explore practices that are designed to balance and restore our vital energy, or Qi. All levels are welcome.
Instructor: Robin Brooks
Thursdays, 5/25, 1:30-2:45pm, 4 wks.
Adult Ed Topsham .......................................... $45

SLOW FLOW VINYASA
This 4-week class is a continuation of Beginner Slow Flow Vinyasa. Join Heather in this class designed to build upon your experience in the beginner slow flow class. More time and a slower pace allows us to deepen the poses and remain present in each movement. This is a calm and peaceful practice that will creatively address both the Physical and Subtle(mental and emotional) Bodies. *Note: This class will take place outdoors, on grass. Instructor: Heather Laffely
Wednesday, 6/7, 5:45-6:45pm, 4 wks
Adult Ed Topsham .......................................... $55
MUSIC + DANCE

CUBAN SALSA, LEVEL 1
Join us for an introduction to Cuban Salsa! Students will learn the basic of the Salsa footwork and some simple, fun moves that will get you out on the dance floor. You will learn how to connect with any partner, and build your confidence dancing to different styles and tempos of music. Students will be introduced to the famous Salsa Rueda. Partner is not required but recommended!
Instructor: Anne Golundendukhina
Session 2: Wed., 7/5, 6 to 7pm, 6 wks.
Mt. Ararat Middle School ....................................... $80

CUBAN SALSA, LEVEL 2
Students will continue learning Salsa footwork and more complex, fun moves that will get you out on the dance floor. You will learn how to connect with any partner, and build your confidence dancing to different tempos of music. Students will learn the famous Salsa Rueda. Partner is not required but recommended!
Instructor: Anne Golundendukhina
Wednesday, 7/5, 7 to 8pm, 6 wks.
Mt. Ararat Middle School ....................................... $80

DANCING FOR YOUR NEXT SOCIAL EVENT
Do you go to weddings, family and school reunions or planning a cruise and would like to participate when dancing is offered? swing (jitterbug) moves and enjoy getting your groove back. Also dance has additional benefits related to active aging such as improving posture, balance, and cognition. Come with a dance partner or solo. The summer social engagements are right around the corner. See you on the dance floor.
Instructor: Barbara McGranahan
Wednesday, 5/3, 6:30 to 7:30pm, 6 wks.
Adult Ed Center, Topsham ........................................ $65

BASIC BALLROOM
Learn the basic steps for two ballroom dances (foxtrot and east coast swing). Along with the steps, you will learn how to lead or follow, improve body awareness, work on non-verbal communication, and start to understand the music choices. This class is for beginners as well as advanced beginners that want to revisit the basics. No partner needed. Masks recommended.
Instructor: Elizabeth Converse
Friday, 5/5, 6 to 7:15pm, 6 wks.
Mt. Ararat Middle School ....................................... $85

When you register for a class, PLEASE be sure to give us your current and correct email address. We communicate ALL course changes, materials lists, reminders and other details via email. Your privacy is important to us, we DO NOT Sell or SHARE your personal information.
OUTDOOR EDUCATION

FREE CAPTAIN LICENSE INFORMATION SESSION
Are you interested in obtaining a USCG Captain’s License? Do you want to learn the differences between an Operator Uninspected Passenger Vessel (OUPV) license and a Master 100GT license? These informational sessions will help answer these questions and others. Also discussed will be the different methods for completing the course requirements. We plan to offer both courses in Maine during the Fall of 2023, representing the Captain School Key West/Miami. This information session is free, but please register in advance, so the instructor knows how many individuals will be attending and can send login instructions. Instructor: John E. Coffin
Wednesday, 5/10, 6 to 8pm, 1 Night
Online .......................................................... FREE

ADULT SAIL TRAINING INSTRUCTION
Learn to Sail a Schooner! Students will become part of the crew and learn all aspects of sailing a schooner including navigation, sail handling, culinary, anchoring, shiphandling, engineering, voyage planning, weather prediction, watchstanding and safe operations. Daily schedule includes sailing, visiting islands by small boat, and learning in company with 6 students and 2 crew.
2 Licensed professional schooner captains as instructors. Cost: $2,000 including meals and a berth for 5 days and 4 nights. Age: 13+. LOCATION: on board Schooner Sara Jane, a 42’ Murray Peterson Coaster III design. Instructor: Alex Agnew
Mon., Tues., Wed., Thurs., Fri., 6/12, 9am to 5pm, 1 wk.
Freeport Town Wharf ........................................ $2,000

SAILING FOR ADULTS
Merrymeeting charts a new course this summer in partnership with Sailing Ships Maine. Students will learn to row a dinghy, set and strike sail, steer, navigate, use a marine radio, operate a small outboard, watch the weather, tie knots, and follow basic safety. The primary instructional boat, the Paul Bolger-designed 25 yawl, is a strong, beamy, shallow-draft cruising boat ideal for Merrymeeting Bay. The decks are wide and spacious and will keep students socially distanced as they spend the week outdoors. The cost of each session is $295 and includes basic Sailing Ships Maine sailing certification, T-shirt, rope, and journal. No discounts. Instructor: Alex Agnew
Session 1: Monday to Friday, 7/10 to 7/14, 9am to 5pm, 1 wk.
Session 2: Monday to Friday, 7/24 to 7/28, 9am to 5pm, 1 wk.
Freeport Town Wharf ........................................ $295

INTRO TO TRADITIONAL FIXED SEAT OCEAN ROWING
Join 6 other adults and an instructor and learn to row a 32 foot traditional fixed seat ocean-going rowing boat called a Cornish Pilot Gig. See the Maine coast from a boat while learning a skill. None of this fancy sliding seat stuff. No Ivy league ambitions. Just good fun and community (maybe with a little international travel for rowing in your future.) Learn to row, steer, navigate, plan routes, adventure at sea, work as a team in an outdoor setting all on board a 32’ gig. AGE: 13+. Location: Winslow Park, Freeport. Class is Monday, Wednesday, Friday. Instructor: Alex Agnew
Monday, Wednesday, Friday, 6/12, 5:30 to 7:30pm, 3 Nights
Winslow Memorial Park, Freeport ............................ $195

SEA KAYAK TO MALAGA ISLAND + INTERPRETIVE TOUR
Travel to mysterious Malaga Island where indigenous people summer camped and there was a colony in the late 1800’s that was evicted by the state of Maine. We’ll meet at 8:10 am at a public boat launch, get outfitted for our paddling trip and go over paddling safety rules and basic sea kayak paddling strokes. We’ll paddle 15 miles to Malaga Island. While paddling, be on the lookout for harbor seals, sea gulls, great blue herons, snowy egrets, sea ducks, osprey and possibly bald eagles. After landing we’ll hike the 1.2 mile trails of the island. We’ll be having the lunch/snacks that you brought, at the southern tip of the island. After finishing our hike, we’ll paddle back and return by 2 pm. Kayaks, life jackets, paddles are provided. You need to bring a very small backpack with your lunch, extra clothing layers, two 20 - 22 ounce bottles of water, snacks, and possible change of shoes for walking the island. If you are unable to walk unaided over tree roots and rocks, do not join the trip. Instructor: Alice Bean Andrenyak
Wednesday, 5/31, 8:30am to 2:30pm, 1 Day
Adult Ed Center, Topsham ................................. $125

MAINE DRIVING DYNAMICS
Maine Driving Dynamics offers drivers the opportunity to improve their defensive driving abilities. This 5-hour course includes collision avoidance techniques, safety issues, driver habits and attitudes, and the basic elements that constantly challenge drivers on Maine’s highways. The course is taught by a certified Maine Driving Dynamics instructor. Those completing the course receive a 3-point credit on their driving record. Must attend both evenings. Those ages 15 to 64 pay $40 and those 65-plus pay $25. *For senior discount, please call 729-7323 to register. Instructor: Ron Jack
Session 1: Tuesday/Thursday, 5/30 + 6/1, 6 to 8:30pm, 2 Nights
Session 2: Tuesday/Thursday, 7/11 + 7/13, 6 to 8:30pm, 2 Nights
Session 3: Tuesday/Thursday, 8/8 + 8/10, 6 to 8:30pm, 2 Nights
Brunswick High School ................................. $40
FORAGIN
This walk in the woods to search for edible wild food will also include
detailed descriptions of habitat and structure of the plants. David has
been foraging since 1955. He is a member of the Maine Mycological
Assoc. This class starts with an outdoor lecture and concludes with
the walking portion. Instructor: David Spahr
Session 1: Sunday, 5/28, 1 to 3:30pm, 1Day
Session 2: Sunday, 6/18, 1to 3:30pm, 1Day
Session 3: Sunday, 7/16, 1to 3:30pm, 1Day
Session 4: Sunday, 8/6, 1to 3:30pm, 1Day
Mailly Waterfront Park ............................................ $45

MUSHROOM WALK
This course will include walking in the woods to find edible
mushrooms along with detailed descriptions of habitat and structure
of mushrooms. Every walk bears a different bounty depending on
the season, the weather and location. The majority of mudrooms
found in nature are often not edible, and learning this element is
even more important than knowing which ones you can eat. Require
Supply List: Notebook and pen to take notes, sensible clothing and
footwear, water, snack and bug repellant. A basket or bags are
optional. Children 8 to 15 are allowed to register only with a parent
who is also registered. These hikes can be moderate in difficulty. No
discounts. This class starts with an outdoor lecture and concludes
with the walking portion. Instructor: David Spahr
Session 1: Sunday, 7/9, 1 to 3:30pm, 1Day
Session 2: Sunday, 8/27, 1to 3:30pm, 1Day
Mailly Waterfront Park ............................................. $4

BAXTER STATE PARK TRIP
Join Registered Maine Guide, Chris Toy, on your choice of a two
nights, three days trip to Baxter State Park! Registration fee for Trip
A AND Trip B include cost of reservations, all food + supplies.
Trip A: For experienced hikers only and is planned to summit
Katahdin's Baxter Peak. Depart from Roaring Brook and stay
overnight at Chimney Pond Campground. The following day,
conditions permitting, we will try for the summit, come back down
to Chimney Pond for the night and hike out the following morning.
Friday-Sunday, July 28-29-30 ............................................. $350
Trip B: For more casual camping, hiking, and boating. We will stay at
one of the campgrounds that provides easy access to scenic hikes
and boating facilities.
Friday-Sunday, August 25-26-27 .................................... $350

UNDERSTANDING SOCIAL SECURITY
Do you wish you had a better understanding regarding your
social security benefits? Do you want to make sure you're getting
the most out of your benefits? Join us to learn how!
Instructor: Sarah Blondin
Wednesday, 8/2, 5:30-7:30pm
Adult Ed Topsham ..................................................... Free

INVEST FOR SUCCESS
How confident are you with your investment strategy? Did you
know many people find themselves making common mistakes
that can cost them their retirement? Join us to learn the power
of compound interest and strategies to protect our assets, avoid
common pitfalls investors face, and how to get our money working
hard for us! Instructor: Sarah Blondin
Wednesday, 7/12, 5:30-7:30pm
Adult Ed Topsham ..................................................... Free
DIGITAL TOOLS FOR THE BEGINNING MEMOIR WRITER
Learn about the best digital tools to help you write your memoir with BoomerTECH Adventures! This online asynchronous course introduces you to a variety of digital tools that support writing your memoir, even if you are a bit uncomfortable writing for an audience. There are seven videos that concentrate on different aspects of the process you will probably use to write your memoir. Each video discusses several helpful digital tools or websites. Expressing one's thoughts, feelings, and perhaps even secrets is a daunting prospect for most of us. These digital tools will remove some of the angst of the mechanics of writing and allow you to concentrate on your content and message. Course link will be emailed directly to you after registration.
Instructor: BoomerTECH Adventures
Schedule is on-demand.
Online ................................................................. $35

LOTION-MAKING W/ SHARON
Making body & hand lotions is easier than you think. You will learn the techniques needed to formulate your own special recipe that will help address any skin issues, fragrance and thickness you want. You will learn all about the ingredients like emulsifiers, butters, and hard & soft oils as well as a full discussion about preservatives. Kit provides the ingredients, list of equipment needed, two containers to store your lotion/cream in, full instructions to follow along with, and a base recipe to start with. Starter kit included.
Instructor: Sharon Gilsleider
Thursday, 6/1, 5 to 7pm, 1 Night
Adult Ed Center, Topsham ....................................... $45

MEETING YOUR SPIRIT GUIDES
Students will be introduced to the concept of heaven and what it might look like. We discuss the levels and aspects of heaven and what being is expected to be at each level, and what role you play once you have crossed over. At the end of class students will participate in a meditation, with the opportunity to meet and interact with a loved one, spirit guide, angel, archangel, or animal.
Instructor: Jeannie Sullivan
Thursday, 5/18, 5 to 7:30pm, 2 wks.
Morse High School ................................................. $250

SPIRITUAL CLEARING + PROTECTION
Learn the importance of clearing both individual and work spaces, learn hands-on techniques to clear and protect all your spaces. We will discuss a variety of tools that include, sage, cedar, sound, elements, and earth, as well as stones and crystals.
Instructor: Jeannie Sullivan
Thursday, 6/22, 5 to 7:30pm, 1 Night
Brunswick High School ........................................... $45

UNDERSTANDING ASTROLOGY 101
In this course, professional astrologer Laura Kenworthy and Rebecca Quigg will guide you through the basics of the ancient field of casting charts and interpreting their meanings. You will learn the rich symbolic language of Astrology and gain an understanding of the cosmic dynamics involved. Learn to dance with the stars! Instructors: Laura Kenworthy + Rebecca Quigg
Tuesday, 5/9, 6 to 8pm, 6 wks.
Adult Ed Center, Topsham ........................................ $60

UNDERSTANDING ASTROLOGY 102
Take a deeper dive into your astrology chart and track the planetary movements as they touch off the energies for you. We will focus particularly on the lunar transits and what they mean as we journal our experiences through the month. The meanings of the signs and houses will be illuminated from an evolutionary point of view.
Instructor: Laura Kenworthy
Tuesday, 7/11, 6 to 8pm, 4 wks.
Adult Ed Center, Topsham ........................................ $60

MENTAL HEALTH FIRST AID FOR OLDER ADULTS
Mental Health First Aid for Older Adults teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This training — which focuses on the unique experiences and needs of adults over the age of 65 — gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. This program is presented by the National Council for Mental Wellbeing (NAMI Maine), and sponsored by MaineHealth Midcoast.
Instructor: Merrymeeting Staff
Tuesday, 6/27, 9am-2pm
Adult Ed Topsham ................................................ $5

MENTAL HEALTH FIRST AID FOR YOUTH PROVIDERS
Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18. This program is presented by the National Council for Mental Wellbeing (NAMI Maine), and sponsored by MaineHealth Midcoast. Participants will need to complete a 2 hour self-paced learning module prior to instructor-led session on 8/17. All information will be sent after registration. *Note to certified K-12 teachers: This program is eligible for professional development contact hours.
Instructor: Merrymeeting Staff
Thursday, 8/17 from 10am-4pm
Online ................................................................. Free
GENEALOGY I
Genealogy is the study of families, family history, and the tracing of their lineages. Learn the tips, tricks, and methodology used by genealogists to trace family lineage and how to uncover even the most obscure and difficult-to-find facts. How to interpret information and discern accurate information even when details seem murky.
Instructor: Lori-Suzanne Dell
Thursday, 7/13, 5:30 to 7:30pm, 3 wks.
Adult Ed Center, Topsham ............................... $60

GENEALOGY II
Genealogy is the study of families, family history, and the tracing of their lineages. You will learn how to perform your own family genealogical research. Learn more advanced tips, tricks, and methodology used by historians and genealogists to trace family lineage and how to uncover even the most obscure and difficult-to-find facts. Continuing learning how to interpret information and discern accurate information even when details seem murky. This is a moderate-advanced level course. Instructor: Lori-Suzanne Dell
Thursday, 8/3, 5:30 to 7:30pm, 3 wks.
Adult Ed Center, Topsham ............................... $60

WRITE YOUR STORY!
Write the story you’ve always been meaning to write! Explore setting, characters and dialogue in this 3-part workshop series.
PART ONE: Building a World – Deep Dive into Setting
PART TWO: Bring Them to Life – Deep Dive into Character Creation
Instructor: Catia Cunha
Session 2: Tuesday, 8/8 to 8/22, 5:30-7:30pm, 3 Nights
Mt. Ararat High School ................................. $95

THE SALES AGENT ONLINE CLASS
This 55-hour remote learning real estate agent course, approved by the Maine Real Estate Commission, is a prerequisite to taking the Pearson VUE state licensing exam. Based on the book, Introduction to a Successful Career in Maine Real Estate, by Charles “Kim” Coit, its content includes material that is basic to the practice of real estate in Maine. Class is ongoing and the student can start as soon as they register. PDF copy of book is provided, $35 for hard copy. Instructor: Center for Real Estate Studies dates/times are on-going.
Online/OnDemand ................................. $370

HEARTSAVER FIRST AID/CPR W/AED
Become certified in First Aid/CPR/AED! All equipment (manikins, AEDs), videos, student workbooks, and consumable supplies are provided. Included in the course: Adult CPR + AED skills, Skills Testing (CPR/AED), students demonstrate skills learned, First Aid skills, Skills Testing (First Aid), students demonstrate the skills learned. Upon successful completion, an American Heart Association First/CPR and AED Certification card will be sent to the student, valid for two (2) years.
Instructor: John E. Coffin
Session 2: Sat., 5/13, 9am to 1pm, 1 Day
Session 3: Tuesday and Wednesday, 8/22 and 23, 6-8:30pm
Adult Ed Center, Topsham ............................... $125
COMING SOON!
LEARN GERMAN
This summer Merrymeeting will be offering German Language classes for the first time. Class will be taught by a Bowdoin College lecturer. Register today to receive registration details.

SOAP MAKING: BASICS
Learn how to make these all natural soaps! Create your own signature soap to take a whole homemade batch with you. A supply list will be provided before class. A materials fee of $20 is due to the instructor at first class. Instructor: Laurel Lopez
Monday, 6/26, 6-8pm
Adult Ed Topsham .................................. $25

MAKING MILK SOAP
Milk soap is the best moisturizer! Learn how to make this wonderful, luxurious soap and take a batch home too! You will have a choice of cow’s milk or goat’s milk (please indicate which you prefer at the time of registration). A supply list is available upon registration. A materials fee of $20 is due to the instructor at first class. Instructor: Laurel Lopez
Monday, 8/28, 6-8pm
Adult Ed Topsham .................................. $25

PHOTOSHOP BASICS
In this course, Andrew Edwards will teach you how to manipulate and edit digital photographs and scans down to their individual pixels. This is useful for image corrections, learning how to combine photographs, polishing portraits, and creating original art. Levels, Curves, Sharpening, Drop Shadows, Layers, and Masks will all be demystified. Transform your plain text with Special Effects. Print and Web image differences will be carefully explained. This is a good introductory course for anyone new to Photoshop or great for intermediate level if you are looking to brush up on some skills. Instructor: Andrew Edwards
Wednesday, 7/5, 6-8pm, 4 wks
Adult Ed Topsham .................................. $50

IPAD/IPHONE BASICS
Join us to discover how to use your iPad/iPhone! A class for all to enliven your life through this astounding device. We’ll cover everything you need to know to feel comfortable and get the most out of this powerful tool. Bring your iPad/iPhone and learn to navigate your device, set up assistive technologies, create art, explore the web, take and share photos and videos, and more! Digital artist Andrew Elijah Edwards shares his knowledge and answers any questions you have in a supportive, community environment.
Instructor: Andrew Edwards
Wednesday, 8/2, 6-8pm, 4 wks
Adult Ed Topsham .................................. $50

COMPUTER BASICS
This 12-week course will cover a variety of topics in basic computer skills to expand your digital literacy. This in-person class is self-paced through lesson modules with guidance from a live instructor. Topics include: Understanding of Hardware/Software components, Windows/Mac OS operating systems, Email Essentials, MS Word/Google Docs, and MS Powerpoint/Google Slides. When you finish all coursework earns you a Merrymeeting Adult Education Certificate of Completion in Basic Computer Skills!
Instructor: Andrew Edwards
Topsham Adult Ed: Wednesday, 7/7, 4pm-6pm, 12 wks. .................................. $60
Bath Adult Ed: Wednesday, 7/7, 1pm-3pm, 12 wks. .................................. $60
COLLETTE TRAVEL PRESENTS: SUNNY PORTUGAL
Postcard-worthy coastlines brushing against crystal clear water, stunning cliffs plunging into the rocky waves below, and awe-inspiring vistas that will leave you speechless – this is the Algarve. The southernmost region of Portugal, the Algarve is home to the perfect combination of historical architecture and sandy beaches. While in the Algarve, make sure you sample some of the fresh seafood, indulge in the local figs and oranges, and maybe even buy a piece of intricately painted pottery. November 4th to November 13th

COLLETTE TRAVEL PRESENTS: EUROPEAN CHRISTMAS MARKETS
Few things invoke the feel of old world holiday traditions more than the spectacular European Christmas Markets. From November until Christmas, these outdoor markets dot the Imperial Cities like a string of ornaments on a tree. Be transported back in time to a winter wonderland of open-air market stalls brimming with ornaments, handmade crafts, specialty food, and warming beverages. November 25th to December 3rd

For location-specific information packets, either drop by our office at 35 Republic Avenue in Topsham or email us at: rodriguezj@link75.org

www.merrymeeting.org • 207-729-7323 or 207-443-8255
JOIN THE MERRYMEETING PREMIERE MEMBERSHIP CLUB FOR ONLY $25!

MEMBERSHIP BENEFITS INCLUDE:

• Early Access: Premiere members receive our catalogs digitally prior to public distribution, for exclusive early access to class schedules and offerings (actual registration still limited to public release).

• Loyalty Program: Premiere members receive 25% off every 6th class they take with Merrymeeting.

• Exclusive Media: Enjoy convenient video workshops, on topics ranging from cooking to meditation, with access to our growing library of media.

• Catalog Opportunity: Premiere members may submit announcements in our future catalogs, as we are dedicating a page for announcements by our Merrymeeting Premiere members. (restrictions apply, contact us directly for details).

• Discount Offer: Premiere members receive a 10% discount on any Merrymeeting Youth & Family program (excluding DE and any program over $400; can only be used once annually).

• Subscription Service: Premiere memberships include a free subscription to our latest Merrymeeting Premiere Magazine (exclusive annual online publication emailed directly to club members).

• Special Invitations: Premiere members will enjoy access to special workshops and events developed especially for them.

MERRYMEETING OPEN HOUSE
Friday June 2nd, 4-6pm

Merrymeeting will be hosting an Open House to welcome our community members and join us in touring the new spaces in Topsham.

Our summer 2022 renovations gave us some new amenities in the art room, a brand new classroom, and much needed improvements to our infrastructure. We will also be debuting new signage for the center.

Light snacks and refreshments will be provided.
CERTIFICATES + TRAINING

QUICKBOOKS: LEVEL 1: Save time, track money, and get important insights with Quickbooks Online. Quickbooks Online is the leading online accounting platform. It is the preferred choice for small business managers, owners, bookkeepers and accounting professionals. There are patches and regular automatic upgrades to the software. Get a comprehensive understanding of QuickBooks Online. Then learn how to work with more advanced Quickbooks Online topics. Instructor: Marcus Lander
Session 1: February 6th - March 3rd  Session 2: June 5th - June 30th .......................................................... $195

QUICKBOOKS, LEVEL 2: Now know how to work with more advanced QuickBooks Online topics. Become capable with such skills as how to customize settings, banking, credit cards, foreign currencies, statements for debts collection, using tags and projects. And come away with your Certificate in Quickbooks Online. Instructor: Marcus Lander
Session 1: March 6th - March 31st • Session 2: July 4th - July 28th .......................................................... $195

MARKETING USING SOCIAL MEDIA
Social Media Marketing is more than running digital advertising campaigns; it allows your business to build a following of loyal customers through authentic posts and interactions creating excitement for your business as it grows. Each platform gives your business the tools to successfully build your brand, connect with your customers, and track analytics. This course will focus on Instagram, Facebook, TikTok, Pinterest, LinkedIn, Twitter, and Nextdoor. Instructor: Melissa Torres
July 4th - July 28th ........................................................................................................ $195

VIDEO MARKETING
In this course you will discover how to use simple online video to quickly bond with your viewer, drive traffic to your website, boost business and build brand awareness. Find out how to shoot simple, effective videos without costly fancy equipment or savvy technical skills. Discover the secrets to creating content that commands attention. Learn how to dominate Google and YouTube with your video and to strategically use YouTube to market your business 24/7 -- even while you sleep. Instructor: Rob Lee
June 5th - June 30th ........................................................................................................ $245

HOW THE LERN CERTIFICATE PROGRAM WORKS

It is easy to participate in your online course. After you register, you will be given a web address to go to get into your online classroom. You will have a password and use your email address and password to gain access. Once inside the online classroom, here’s what you can expect.

FOR EACH UNIT, YOU WILL:
• Access the online readings and content in each unit
• Listen to the audio presentation and view the slides
• Take a self-quiz to see how much you have learned
• Engage in written online discussion with your instructor and other participants

For best learning, you should make one or more comments at 2-3 different times each day. The content (readings, audio lectures, slides) and self-quizzes are accessible for the entire course, so you can work ahead, or go back and review again, at your convenience.

PARTICIPATE WHEN YOU WANT
• You can participate any time of day or evening. The online classroom is open 24 hours a day, 7 days a week.
• There are no live real-time requirements or meetings. You decide when you participate.
• For the best learning, participants should log into the course on 2-3 different days of the week.

DISCUSSION
The Discussion for each Unit lasts one week. All comments are made in writing and can be made at any time of the day or night. Your instructor will log into the Discussion area at least once a day and answer questions, make comments, and respond to comments by you and the other participants. We encourage you to make 2-3 comments each day to maximize your learning and enjoyment of the course.

Visit our website at merrymeeting.org or contact us at 729-7323 for more information.

Certificate Programs give you the flexibility to enroll in the entire course or choose from individual units within the program. Visit our website at merrymeeting.org or contact us at 729-7323 for more information!
Join us at one of the art walks we will be attending this summer! We plan to continue our community art projects and would love to have you join us!

Brunswick: Friday, June 9th, 4 to 7pm
Wiscasset: Thursday, August 31st, 5 to 7pm

QUESTIONS? START HERE!

HOW CAN I REGISTER? We recommend registering with a credit or debit card ONLINE or by calling the office. To secure a seat in class, payment MUST be made at time of registration. There is a $25 fee for each returned check. Visit Merrymeeting.org, or call 729-7323, or 443-8255 to register.

WHAT DISCOUNTS DO YOU OFFER?
• Seniors: Age 60-plus $10 off classes of more than two nights.
• Employees: 20 percent off classes up to $100; $20 off classes of $100 or more. Includes MSAD 75, Brunswick (including Region 10 Technical High School), RSU1, and Wiscasset.
• Veteran’s receive a 10% discount on classes of more than two nights.
• No Discount on one or two-night classes, or where indicated.

WILL I RECEIVE A CONFIRMATION? Registration confirmations and course communications are done via email. Please provide your email address when registering in order to stay up to date on last minute class changes or cancellations. If you register after the course is full, we will put you on a waiting list.

MATERIALS + BOOKS POLICY Materials for enrichment classes are not included in the registration fee unless noted. Materials fees are NOT refundable.

CANCELLATION + REFUND POLICIES
• If you cannot start a course, notify us 5 business days prior to the first class and we will refund your registration fee. Materials and books or other personal expenses are not refundable.
• No refunds for missed one- and two-night workshops or trips.
• We reserve the right to cancel a class due to low enrollment or other circumstances. If we cancel a class, all fees are refunded.
• We do not process cash refunds. Processing refunds may take up to 14 working days. Checks are mailed to the student unless otherwise requested.

AGE POLICY The minimum age for participants in adult education enrichment courses is 18 years old. For High School Equivalency Testing (HiSET), you must be at least 17 years old. Merrymeeting does not discriminate based on race, color, national or ethnic origin, religion, gender, sexual orientation, marital or parental status, age or disability in its employment or in the administration. Contact Human Resources at 207-729-9961.