



SUMMER
2024



Dear Merrymeeting Students,

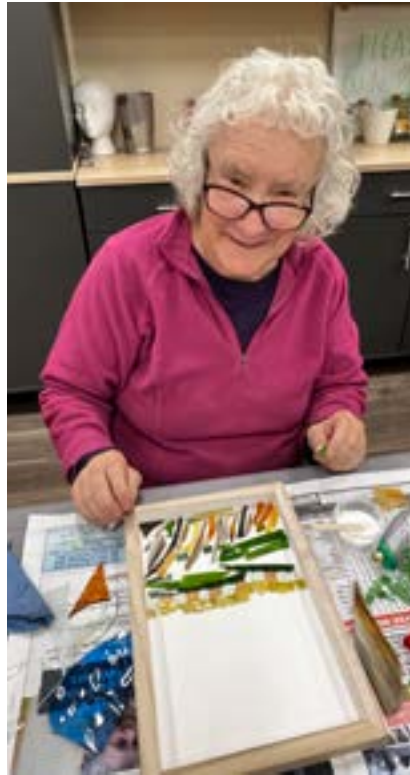
We would like to thank you for your continued loyalty. We are proud to share with you our most comprehensive catalog. Our popular classes are back, plus some new experiences like advanced watercolor workshops, German for Beginners, and comedy sketch writing.

We've also expanded our travel opportunities to include local trips in the greater New England Area and beyond. We are working with more community partners than ever before, and the list keeps growing.

Finally, we are pleased to introduce you to our new Academic Coordinator, Elyce Reavely. Until recently, Elyce has been with us as a HiSET Lab Instructor working at our Bath Campus site and as an enrichment teacher in Topsham. Elyce is a dedicated educator who brings a wealth of knowledge and experience to the role. Welcome Elyce!

We hope you enjoy the spring/summer semesters. Thank you for your support.

Allen Lampert
Director



CAMPUS LOCATIONS

MERRYMEETING ADULT EDUCATION CENTER

35 Republic Avenue - Topsham
Phone: 207.729.7323
Email: adulted@link75.org

Monday - Thursday: 9:00am to 8:00pm
Friday: 9:00am to 3:00pm

BATH CAMPUS:

34 Wing Farm Pkwy - Suite 200 Bath
Phone: 207.443.8255
Email: hansonp@link75.org

Monday - Thursday: 9:00am to 5:00pm
Friday: 9:00am to 2:30pm

CLASS LOCATIONS

Adult Ed Center, Topsham
35 Republic Avenue, Topsham

Adult Ed Center, Bath
34 Wing Farm Pkwy, Suite 200, Bath
Mt. Ararat High School

68 Eagle's Way, Topsham
Mt. Ararat Middle School
66 Republic Avenue, Topsham

Williams Cone School
19 Perkins Street, Topsham

Brunswick High School
116 Maquoit Road, Brunswick
Region 10 Technical High School
68 Church Road, Brunswick

Morse High School
826 Shipbuilder Way, Bath
Bath Regional Technical Center
826 Shipbuilder Way, Bath

Wiscasset Middle High School
272 Gardiner Rd, Wiscasset

People Plus
35 Union Street, Brunswick
Bowdoinham Town Landing
Maily Waterfront Park, Bowdoinham

Merrymeeting Arts Center
9 Main Street, Bowdoinham

Tony's Studio
195 Water Street, Bath

Peace Within
9 Alphonse Drive, Topsham

MidCoast Fencing Athletic Club
49 Topsham Fair Mall Rd., Ste. 22 Topsham

WEATHER CANCELLATIONS

When MSAD75 or RSU 1 cancel school, adult education classes are also cancelled. If inclement weather starts during the day, adult education programs will announce at 2 pm if we will be cancelling classes for the evening. Please check our Facebook page for more information, or email Allen Lampert at lamperta@link75.org before venturing out to a class.

Cancellation Announcements:

Check TV channels 6, 8 and 13, Merrymeeting.org, Facebook or call 729-7323 BEFORE venturing out in bad weather! Canceled classes will resume the following week unless you are notified. Due to the size of our program, teachers and students will not be contacted individually.

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ADULT EDUCATION ADVISORY COMMITTEE

Allen Lampert	John Hodge	Kathleen Montejo
Dan Burson	Cory King	James Moulton
Nancy Chandler	Judith Long	Vicki-Rose Porter
Shawn Chabot	Kimberli Lovell	Phil Potenziano
Steve Connolly	Meridith Maloney	Jane Scease
Judy Connors	Patrick Manuel	Elizabeth Sokoloff
Jamie Dorr		Jon Woodman

There are NO Classes on the following Holidays and School Vacations:

Winter Break II	February 19 - 23
Spring Break	April 15 - 19
Memorial Day	May 27
Juneteenth	June 19
4th of July	July 4



SAVE THE DATE

Graduation is Wednesday, May 29, 2024 at 4:00pm
at the Orion Performing Arts Theater at
Mt. Ararat Middle School in Topsham

DRIVER'S EDUCATION

Maine law states any student enrolling in Driver's Education MUST be 15 years of age ON or BEFORE the class start date and must bring their birth certificate or passport to the first class.

Are you 15 years of age or older and want your State of Maine permit to prepare for your driving exam? We offer driver education courses to help build strong, safe, and confident drivers. Students receive an instructional permit after successful completion of the course with a grade of 80 percent or better. Total hours of instruction is 40; 30 classroom and 10 driving. Only employee discounts for this class. If you are employed by MSAD 75, RSU 1, Brunswick or Wiscasset school departments, please call Merrymeeting to register by phone. Student MUST bring birth certificate to the first class and a pen to every class.

Various Locations \$535

BRUNSWICK HIGH SCHOOL

Instructor: Terry Goan - April 18 to May 9 - 4:45 to 7:45pm

Instructor: Terry Goan - Sept. 16 to Oct. 8 - 4:45 to 7:45pm

TOPSHAM ADULT ED OFFICE

Instructor: Pierre Martin - May 20 to June 14, 4:45 to 7:45pm

Instructor: Chris Brilliant - July 15 to August 6, 4 to 7pm

Instructor: Pierre Martin - Oct. 28 to Nov. 20, 4:45 to 7:45pm

Instructor: Pierre Martin - March 2 to April 26, 2025 4:45 to 7:45pm

Instructor: Pierre Martin - June 2 to 25, 2025 4:45 to 7:45pm

MORSE HIGH SCHOOL

Instructor: Bryan Fortier - July 8 to July 29 - 2:30 to 5:30pm

Instructor: Bryan Fortier - Sept. 16 to Oct. 7, 10 - 2:30 to 5:30pm

WISCASSET HIGH SCHOOL

Instructor: Chris Brilliant - May 1 to May 22, 4:45 to 7:15pm

Important: Starting September 1, 2024, the registration fee for Driver's Ed will be \$560

There are NO CLASSES in district schools on the following
Holidays + School Vacations, unless noted otherwise.

Memorial Day	May 27
Juneteenth	June 19
4th of July	July 4



**Begin your healthcare career today!
Become a Certified Nursing Assistant
with our State-Approved CNA Program.**

For more information, contact Pauline at
hansonp@link75.org or 443-8255



ACADEMY of MEDICAL PROFESSIONS

Become **NATIONALLY CERTIFIED** to work in the medical field in as little as 16 to 20 weeks.

Choose from the following certificate courses:

Medical Coding w/CPC Certification, Medical Office Specialist w/Medical Billing Certificate, Clinical Medical Assistant, Dental Assisting Pharmacy Technician Certification with PTCB National Certification, Phlebotomy with CPT Certification, Medical Transcription Certificate

AMP is certified by the **Maine State Department of Education** and is established in the **Adult Education Systems** in Maine. To register for the **Academy of Medical Professions** certificate programs listed on this page, or for more info on payment plans, please contact us at adulted@link75.org

FREE + LOW COST PROGRAMS

SPECIAL NOTE: When registering for enrichment classes and workshops, please provide an email address you check regularly. We communicate all pertinent information regarding class/workshop updates and news through email. And be sure to check your email on the day of your class! Thank you for your understanding and cooperation.

UNDERSTANDING MEDICARE

Have you ever felt like Medicare regulations are a black box? There's an alphabet soup of plans, a book of fine print and a calendar full of dates to remember. The whole thing seems like a mystery with too few clues to solve. Discussion will include: when you are eligible, what is the timeline for enrollment without penalties, what original Medicare covers and what it doesn't, what additional plans work in conjunction with original Medicare, and your financial assistance options. **Instructor: Aaron Manning**
Session II: Mon, 6/3, 6:30-7:30pm, 1 Night
Adult Ed Center, Topsham FREE

NATIONAL SERVICE THROUGH AMERICORPS: INFORMATIONAL WORKSHOP

This informative workshop will provide attendees with all the information they need to enter National Service through the AmeriCorps program. The AmeriCorps is the program whereby citizens can *Make A Difference* in their community by enrolling to lend their energy and ability to advance a well thought out project and program. AmeriCorps members receive a stipend, fully paid health insurance (full time) and an education award that can be applied to any post-secondary school tuition/fees. **Instructor: Roy Gedat**
Tuesday, 6/11, 6-7:30pm, 1 Night
Adult Ed Center, Topsham FREE



CAPTAIN LICENSE COURSE INFORMATION ON ZOOM

Are you interested in obtaining a USCG Captain's License? Do you want to learn the differences between an Operator Uninspected Passenger Vessel (OUPV) license and a Master 100GT license, and what experience the Coast Guard requires for each? These informational sessions will help answer these questions and others about the two licenses. Also discussed will be the different methods for completing the course requirements. We plan to offer both courses in Maine during the Fall of 2024, representing the Captain School Key West/ Miami. This information session is free, but please register in advance, so the instructor knows how many individuals will be attending and can send login instructions. **Instructor: John Coffin**
Session II: Wed, 8/7, 6-8pm, 1 Night
Online FREE

INVESTING AT RETIREMENT

Nearing or entering retirement? Join us to learn the power of having a customized strategy to make the most of your benefits and assets, identify considerable risks, and plan for a comfortable, financially secure retirement. **Instructor: Sarah Blondin**
Wednesday, 6/5, 6-7:30pm, 1 Night
Adult Ed Center, Topsham FREE



LET'S PARTNER!

At Merrymeeting, we love our community and the partnerships we have fostered. Each partnership has helped us and our community.

- Are you a service provider who wants to help your community?
- Do you sometimes need a meeting room, or other space to meet with your clients or a group?
- Would your clients benefit from our academic and enrichment programs?
- Do you have a large space that you would like to host Merrymeeting classes?

Email us at rodriguezj@link75.org to learn how we can make a difference while serving our community together.



Hello! My name is Leslie and I am the owner of The Mix, an art supply & unique gift shop located on the corner of Mason and Maine Street in Brunswick. I've owned the store for 7 years and have been continually amazed at how supportive our community is of small businesses like mine. Since opening the store, I have made it a priority to sell affordable, quality materials and to be a source for art-making questions, product recommendations and sometimes just good conversation.

I have always dabbled with art and fine crafts, referring to myself as a "fickle crafter" because I tend to flit from one medium to another, be it fiber, drawing, art journaling, painting, gel printing...the list seems endless at times! Opening The Mix has been such a fun adventure; being able to source and sell my favorite supplies feels more like fun than work! I continue to make my own art which can be found throughout the store: little felted pins, acrylic paintings and whatever else my creative brain is having fun with at the time.

One of my favorite things about owning The Mix is working with Merrymeeting Adult Education. We are incredibly fortunate to have such a wide variety of art & craft classes available in our community. Their classes are affordable and are taught by community members that want to share their knowledge and help their students learn and grow as artists. It has been such an honor to work with Merrymeeting students and get them set up with supplies for their classes. Many are often nervous or overwhelmed by the thought of taking an art class; I try to remind them to have fun and not take it too seriously. The Mix also offers a student discount and frequent buyer program to encourage students to shop local and take advantage of the customer service that you can only get from a local business.

Stop in and say "hello," browse through our colorful collections of artistically curated items; maybe you'll get inspired to brush the dust off your creative cap and make some art!

See you soon! - Leslie and the team at The Mix

YOUTH AND FAMILY PROGRAMS

BUNDLE BOWS & ARROWS FOR KIDS!

Humans have been hunting with bows and arrows for, at least, 60,000 years - six times longer than we have been building cities. Archery is surely a [nearly] global, ancient human skill, and humans have made bows out of wood, bamboo, horn, and other materials throughout the years. Learn to make a bundle bow! The bundle bow is a useful quick bow that can be made largely without the use of knives. Bundle bows can be made to be very strong and accurate! We'll cover arrow-making, in theory; everyone in the class will receive one factory-made arrow. *Each child registered must be accompanied by an adult on the day of the workshop. Workshop fee is per child; accompanying adults have free entry.*

Instructor: Zack Rouda

Saturday, 7/13, 10am - 1pm, 1 Day

Adult Ed Center, Topsham \$45

MOVIE-MAKING MAGIC FOR TEENS!

Do you have a story to tell? Turn it into a short movie. In this introductory 6-week filmmaking course for teens, we will take your story from inception to final project. Learn writing, editing, and how to pitch. This will be a collaborative and interactive experience that will take you from idea to a short film, using something as simple as your cell phone, or even a fancy camera. This will be a 100% fully ONLINE course with personalized one-on-one "check-in" sessions. The class will meet once a week as a group, online. All members of the class are encouraged to collaborate, assist as desired, and discuss with one another. While the instructor will be leading the course each week, there will also be one-on-one sessions with each participant (online). Access to a smartphone, computer or tablet is required for online participation. **For Ages 13-17 y/o.**

Instructor: Felicity Gibbs

Sundays, 7/14 - 8/18, 3-5pm, 6 wks.

Online \$165

SUMMER KIDS COOKING CAMP!

Embark on a culinary adventure at our new Kids Cooking Camp! Day 1 kicks off with Honey Cornbread and a Big Salad, introducing young chefs to procedures, oven use, and teamwork. Each day unveils new skills like wok cooking, sauce-making, and even delves into the history of dishes. Join us for a week of delicious discoveries and kitchen mastery! All materials included. **Ages 10-13. Instructor: Deb Arter**

Mon-Fri, 7/22 - 7/26, 9am-12:30pm, 1 wk.

Brunswick High School \$245



LET'S MAKE IT UP! IMPROV THEATER CAMP

This camp experience will allow kids to create and tell their own stories over the course of a week. We will learn and use improv theater techniques and exercises to explore and express ourselves and flex our imagination, culminating in a showcase performance on the final day for friends and family. No experience necessary, just the courage to be on stage and skills for being silly. Elise Voigt is a trained actress and theater educator who has been working in the midcoast area for the last 15 years. Her love of theater and children perfectly combines to make meaningful and memorable moments for students and audiences alike. **Ages 9-14.**

Instructor: Elise Voigt

Mon-Fri, 7/22-7/26, 10am-3pm, 1 wk.

Brunswick High School \$325

FENCING CAMP FOR KIDS!

In this summer camp for beginners, kids ages 8-12 will learn the basics of fencing. Stance, footwork, and blade work will be introduced and explored, and these young fencers will enjoy time to test their skills against their classmates in real fencing bouts on electric pistes. We will take lots of water breaks, and enjoy fencing-related games during this week-long training session. All equipment will be provided. Please be sure each student arrives wearing long athletic pants (no shorts), has clean indoor athletic sneakers, a water bottle, and a packed lunch. En Garde!

Instructor: Midcoast Fencing Athletic Club

Sess II: Mon-Fri, 8/5-8/9, 9:30am-1pm, 1 wk.

MFAC \$225

SUMMER ANIMATION CAMP!

Join us for a week of Animation! Bring your imagination to life with traditional frame by frame animation alongside cutting edge digital animation software. Learn from professional new media artist and educator Andrew Elijah Edwards and create your own custom animation project from start to finish while playing with the artform. Discover the fundamental concepts behind professional animation techniques and explore the medium of moving image in this week-long adventure!! **Ages 13-17.**

Instructor: Andrew Edwards

Mon-Fri, 8/19-8/23, 9:30am-2:30pm, 1 wk.
Adult Ed Center, Topsham \$325

SUMMER SCIENCE CAMP: JUNIOR ENGINEERS LAB!

Put on your hard hat for this exciting week of Engineering Science. We'll get wacky with aerodynamics, crazy with circuitry, radical with rockets, innovative with inventions, and mad with machines! In this thought-provoking week, we will span the fields of Chemical, Aerospace, Civil, Electrical, and Mechanical Engineering. We start out the week exploring structures and learning about the role that the movement of air plays on simple flying devices. Children will spend a day learning the fundamentals of rocketry where they will build their own Aerospace rocket to take home. Children will use their construction skills by assembling and controlling fun machines like pulleys, levers, and catapults, and even robots! They finish out the week by experimenting with chemical engineering and inventing potential work-saving inventions of their own. **Ages 6-12.**

Instructor: Mad Science of Maine

Mon-Fri, 8/19-8/23, 9am-2:30pm, 1 wk.
Adult Ed Center, Topsham\$345

SUMMER ART CAMP: ART AROUND THE WORLD!

A loose theme of "Art Around the World" will be incorporated into this weeklong art camp. Not every project will be structured this way, but we'll touch on the art of Egypt, Greece, Australia, England, Japan, China, and the U.S. It will still be a deep dive into art, but several of the projects will provide an opportunity to look at the incredible artwork of these cultures for inspiration. So, when it makes sense, we will. During the week we'll work from observation, imagination, and consider how dreams might come into our art pieces. No worries if you haven't had art for a while, come join us for some art making fun! **Ages 11-14.**

Instructor: Jennifer Linskey

Mon-Fri, 8/19-8/23, 9:30am-2:30pm, 1 wk.
Adult Ed Center, Topsham \$325

Your kids are in good hands! Our staff members are year-round employees of Merrymeeting Adult Education that have passed all MSAD #75 hiring guidelines (fingerprinting, criminal background checks) and have recently completed Red Cross certification in Adult + Pediatric CPR + AED and Emergency First Aid Training.

Staff will be available each morning as well as at pick-up times. Does not apply to Youth Sail Programs. **Limited scholarships are available.**



COVER ARTIST: PENNY HARTWELL



Penny started taking classes at a stained glass studio and adult education program in Rhode Island in 1977. When she moved to Maine in 1981, she began sharing her love of creating with stained glass work and started teaching stained glass classes at adult education programs in the area. Penny cultivated her stained glass style through her love of English gardens, woods, and coastal Maine.

In recent years, Penny has added acid etching, silver clay jewelry with enamel color accents, painting with powdered glass, and fusing to her repertoire of skills and classes.

Many pieces she creates incorporate locally sourced sea glass, rocks, fossils, and pottery shards for an added dimension. According to Penny, stained glass was more challenging 40 years ago, but with the advanced tools and products available, the medium has become less difficult.

The tools are more advanced, making cutting glass easier. The amazing array of glass colors, textures, and other great glass products helps provide glass artists with excellent opportunities to create unique and interesting art glass pieces.



SILVER JEWELRY MAKING

Working with Silver Clay is an exciting process where the inexperienced can explore their artistic abilities and create unique one of a kind items. Come join this exciting class where beginners can easily learn to create earrings, pendants, charms, beads, bracelets, and rings. Experience a new creative adventure and learn how easy and fun it is to make beautiful items from Precious Metal Clay (PmC) or Art Clay Silver (ACS). Materials fee of \$80 is payable to the instructor on the first night of class.

Instructor: Penny Hartwell

Session I: Tues, 6/4, 5:30-8:30pm, 3 wks.

Session II: Mon, 6/3, 5:30-8:30pm, 3 wks.

Mt. Ararat Middle School \$60

PAPER CASTING

Pressed cotton paper ornaments originated in Germany, Russia and Austria. Cotton paper pulp is pressed on ceramic paper molds and removed when dry. Gold accents were used on the torn edges. Students may bring dried flower petals to add to their ornaments to create a unique touch. \$5.00 Lab Fee due at beginning of class. **Instructor: Penny Hartwell**

Monday, 6/24, 5:30-8:30pm, 1 Night

Adult Ed Center, Topsham \$45

ACID ETCHING GLASS

We will create designs on glass with a frosted look. These designs will be permanent on the glass. Bring your own wine glasses, vases, etc. to personalize. Some glass items will be provided as well. Quick, fun, easy projects with beautiful results. Lab fee: \$5 due at beginning of class.

Instructor: Penny Hartwell

Tuesday, 6/25, 5:30-8:30pm, 1 Night

Mt. Ararat Middle School \$45

2024 ANNUAL ART SHOW

We are excited to announce the 2024 Merrymeeting Community & Adult Education Art Show will be held at the Chocolate Church in Bath. If you took or taught an art or craft class at Merrymeeting during the 2023-24 school year, you are invited to share your work in Merrymeeting's Fourth Annual Art Show, which will be presented to the public at the Chocolate Church in Bath. As you go about choosing and prepping your art to hang, please keep in mind the following guidelines:



- Up to 4 submissions per artist
- Acrylic and oil paintings should be sealed to protect the surface
- Watercolor paintings, photographs, drawing and sketches should be framed and protected with glass
- 3D and sculptural works accepted
- If you have questions about the medium, or size of your submission, please contact us at rodriguezj@link75.org
- We may use 3M Command Strips to hang the show, please make sure your art does not weigh more than 5 pounds.
- If you would like to participate digitally, please email clear images to Catherine Scanlon at scanlonc@link75.org. Please put "Community Art Show" in the subject line. If you would like to share a comment about the piece or something you learned while doing it, that would also be appreciated.

IMPORTANT DATES TO KEEP IN MIND:

- May 13th: Email digital submissions to scanlonc@link75.org
- May 31st: Drop off framed art at the Topsham Adult Ed Office
- June 14th: Opening Reception, 5 to 7pm
- June 14 to June 22: Drop by the Chocolate Church Arts Center and enjoy the art
- June 24: Pick-up begins at the Topsham Adult Ed office

2024 ARTIST-IN-RESIDENCE

ATTENTION, LOCAL ARTISTS AND MAKERS

At Merrymeeting, we believe artist-in-residence programs are important for our local visual artists as they provide dedicated time and space to focus on their creative practice, experiment with new ideas, and access new resources and communities. These programs also offer opportunities for collaboration, skill development, and professional growth as they pertain to the artist's studio practice.

In addition to supporting local Maine artists, we believe artist-in-residence programs benefit the communities we serve by fostering cross-cultural exchange and facilitating creative and intellectual dialogue. They can also enhance community engagement with the arts, promote diversity and inclusion, and contribute to the local economy through increased local tourism and cultural development.



MERRYMEETING 2024 ARTIST-IN-RESIDENCE PROGRAM

We offer two visual arts residencies every Fall, one located in Bath and one in Topsham/Bowdoinham. The residency experience between the two is identical except in location. This 4-week day residency is for working Maine artists and comes with a studio space, stipend, and gallery arrangements for a solo exhibition.

Apply for this unique experience today!

FMI: Email rodriguezj@link75.org

Registration is required. Upon registration, you will receive an email with application instructions.

Topsham/Bowdoinham Residency: September, 2024 at Merrymeeting Arts Center

Bath Residency: October, 2024 at Chocolate Church Arts Center

FINE ARTS + CRAFTS

SPECIAL NOTE: Many of our art classes require you to purchase materials ahead of time to fully participate in the class. Actual supply lists are emailed to students by the instructor after they register and before the first day of class.

PET PORTRAITS IN ACRYLIC

Paint your pet in acrylic. After signing up for class, email the teacher at least 5 high quality pictures of your pet: dog, cat, rooster, or whatever you've got to: (Shirl.art5050@gmail.com). Your pet photo will be simply sketched onto a canvas, while you will take care of the painting. Use of fun colors and playfulness are a must in this class! Canvas and paints are supplied.

Instructor: Shirley Anderson

Session II: Thursday, 6/20, 5-8pm, 1 Night

Adult Ed Center, Topsham \$55



CONTEMPORARY MARBLING ON PAPER & FABRIC

In this class, we will explore the art of marbling! From suminagashi to marbled wood, we will learn about this centuries-old process and find playful ways to test the materials and see what is possible. We will cover several steps of the process including how to prepare marbling colors, the marbling bath, and the surfaces to be marbled. There will be opportunities to play with color, design, and surface texture over the 4 weeks. This class is focused on the exploration of material rather than the mastery of traditional techniques. Each participant will leave with several pieces of marbled paper and fabric to take home and use in their own creative projects. \$30 materials fee. **Instructor:** Claire Reynes of Tempered East

Wednesdays, 6/12, 4:30-7:30pm, 4 wks.

Adult Ed Center, Topsham \$120

BEGINNING WATERCOLOR

Learn which papers, materials, and brushes work best for you as we go over the basics of traditional and contemporary watercolor ideas and techniques. Class work will be a combination of watercolor exercises, whereby we learn the behavior of and particularities of watercolor through exercises. We will then apply this knowledge to small set ups so that we can gain some practical application. I will spend some time going over basic drawing ideas, color theory, color mixing, and brush care. A willingness to draw, and/or improve upon drawing skills will enhance your experience in this class. Absolute beginners in both drawing and watercolor need to recognize that they are attempting two new skills: drawing and watercolor. Don't let this dissuade you from signing up, but recognize where you

are coming in and give yourself some grace in the moments where drawing is involved. I will do my best to help you where you are at! Always wanted some watercolor instruction from the ground up? This class will get you started!

No Class: 5/20 + 5/27. Instructor: Jennifer Linskey

Session III: Mondays, 6/24, 5:30-7:30pm, 6 wks.

Adult Ed Center, Topsham \$125

CARVING CHOPSTICKS AND JAM SPREADERS

Explore the significance of knives as essential tools throughout history, used for cutting, carving, and shaping materials. While knives remain crucial in the modern era, many have limited their use to the kitchen. Rediscover confidence and

resilience by mastering basic knife safety and carving skills. This course offers a comprehensive understanding of knives, guiding students to create practical utensils. Students will make a fine pair of chopsticks and/or a jam spreader. Next, try to make a spinning top! We'll cover safety, techniques, good form, and various basic carving projects using a variety of green woods. **Instructor:** Zack Rouda

Tuesday, 5/20, 5-7:30pm, 1 Night

Adult Ed Center, Topsham \$45

INTRO TO NARRATIVE ARTS: LEVEL 1

This course explores the Narrative Arts - The Art of Media, the drawing techniques used to create: Comic Books, Video Game Design, Single Panel Gag Cartoons, Comic Strips, 3D Animation, Storyboards for Movies, Graphic Novels and Special Effects for film and television. Learn the drawing skills needed to build your own Characters to populate the Stories you would like to tell, in any Media. Open to all students, beginners to advanced. Bring a drawing pad, pencils and erasers - or a Tablet / iPad, if you prefer. Taught by Vance Bessey, a graduate of The Joe Kubert School of Comic Book Illustration and local Illustrator, Cartoonist, Novelist and Art Teacher. **NO CLASS: 4/17.**

Instructor: Vance Bessey

Wednesdays, 3/20, 6-8pm, 12 wks.

Mt. Ararat High School \$125

DRAW, DRAW WITH PAINT, PAINT!

In this class we will start out drawing in black and white with graphite and/ or charcoal, measuring, size relationships, and object placement. Then segue to drawing with a brush and draw en grisaille whereby we use: just black, white, and gray paint. During the last weeks of class we'll explore limited color palettes, but get maximum mileage out of the colors we are using, as we'll continue to see color in terms of value. You'll come away having honed drawing skills, begun training your eye to see subtle shifts in light to dark, and gained color mixing knowledge. Join us as we draw, both traditionally and with a brush, and gradually move toward incorporating color. Session II: No Class: 7/20

Instructor: Jennifer Linskey

Session II: Sat, 6/22, 11am-2pm, 10 wks.

Adult Ed Center, Topsham \$165

BEGINNER CERAMICS

Ever wanted to take some time for yourself and play with clay? Learn the basics of hand building and wheel throwing in this 6-week class. This class is geared toward the beginner. The first 10 people to sign up have priority on the wheel. Please let admins know if you prefer to hand build or wheel throw so we can keep an accurate account. Glazing will also be covered so that you can leave with finished pieces. Please review the Ceramic Studio Policies, included below.

Instructor: Heather O'Neil

Tuesdays, 5/21, 3:30-5:30pm, 6 wks.

Morse High School \$125

OPEN STUDIO CERAMICS

Are you comfortable with your clay abilities and just looking for a place to work and improve your skills? Join us in the Morse High School Ceramics Studio and start making all those things you have been dreaming up! This is not an instructor lead class, but the instructor will be on site working in case you need something. Please review the Ceramic Studio Policies, included below.

Instructor: Heather O'Neil

TUESDAY SESSIONS:

Session 2: Tuesday, 5/21, 5:30-7:30pm, 6 wks.

Morse High School \$115

THURSDAY SESSIONS:

Session 3: Thurs, 5/23, 3:30-5:30pm, 6 wks.

Session 4: Thurs, 5/23, 5:30-7:30pm, 6 wks.

Morse High School \$115

OPEN STUDIO CERAMICS (SUMMER SESSION)

Are you comfortable with your clay abilities and just looking for a place to work and improve your skills? Join us in the Morse High School Ceramics Studio and start making all those things you have been dreaming up! This is not an instructor lead class, but the instructor will be on site working in case you need something. Please review the Ceramic Studio Policies, included to the right.

Instructor: Heather O'Neil

Tuesdays, 7/2, 5-8pm, 6 wks.

Morse High School \$200



PINE NEEDLE BASKETS

White pine, Maine's state flower, and Red pine, are ubiquitous throughout the state and provide a vital pool of resources for human and nonhuman Mainers alike. Pine needles are beautiful and strong! They can be coiled and sewn together to make hats, lovely usable baskets, and/or adorably tiny ones. Learn to identify, regeneratively gather and harvest, properly store and process, and weave with pine needles. We'll cover the basics of coiled basketry, which is a global, ancient human skill, and create a wonderful pine-needle basket.

Instructor: Zack Rouda

Saturday, 3/30, 9am - 12:30pm, 1 Day

Adult Ed Center, Topsham \$65

WINE GLASS PAINTING W/ MELISSA

Make a new friend while creating one of a kind wine glass. This class will focus on color patterns, and brush techniques. All artistic abilities are welcome. Bring your own wine glasses and paint as many as you like in this 2-hour workshop. They make wonderful gifts and are customizable for any occasion. Brushes and paint will be provided. You will leave with your new wine glasses and the brushes needed to continue experimenting.

Instructor: Melissa Smith

Thursday, 6/13, 5:30-7:30pm, 1 Night

Adult Ed Center, Topsham \$55

CERAMIC STUDIO POLICIES

- There is a \$65 materials fee for open studio and beginner ceramics classes and is due to the instructor on the first night of class.
- If you want to purchase additional clay, the fee is an additional \$65 to cover the firing, glazes and other consumables used during class.
- **PLEASE NOTE:** If you miss a class, you cannot make-up the class at another time. The ceramics schedule is very tight and these classes are usually full.

Thank you for understanding!



PAINT NIGHT: THE POWERFUL HUMMINGBIRD

Paint Night w/Shirley! Come join us and paint these tiny but powerful little birds. This class is a great way to say welcome and get ready for these little birds as they migrate north. Shirley Anderson will lead you step by step through the process and teach you a few painting tips and techniques. Canvas and paints are supplied. **Instructor: Shirley Anderson**

Thursday, 6/6, 5-8pm, 1 Night

Adult Ed Center, Topsham \$55

CATCHING THE LIGHT

A plein air painting workshop that concentrates on creating a method to "Catch the Light" and the essence of the day. Students will work on various forms of compositional planning, including notan, value studies, directional lines and color proportion swatches. Learning to use these tools, will help artists capture the essence of the scene before the light shifts. Through careful planning and a clear focus, students will be able to quickly create a successful painting outdoors in the shifting light. All media are welcome, oils, acrylics, drawing and watercolor. The instructor is mainly versed in watercolor and water-soluble oils. Students should bring a sketchbook, color pencils and a black sharpie pen as well as their usual plein air painting supplies. Please note: This is a two-day 6-hour (each day) workshop about design and painting outside. All media and levels are welcome. Bring your own lunch/snacks.

Instructor: Deena Ball

Saturday + Sunday, 6/8 - 6/9, 12-6pm, 2 Days

Adult Ed Center, Topsham \$125

INTERPRETING THE LANDSCAPE

Students will learn about painting landscape elements in watercolor: oceans, water, trees, mountains, structures and fields, and they will learn about compositional strategies used in landscape painting. We will work with the concept that sometimes less is more and try to paint the essence of a landscape. The first day of the workshop will be spent in the classroom working on the elements of the landscape. On the second day we will be going outside to paint a guided Plein air painting. If you do not own an easel, a chair and a board in your lap works for watercolor. Students should be using professional tube watercolors, good quality brushes and 100 percent cotton rag watercolor paper. Bring your own lunch/snacks.

Instructor: Deena Ball

Monday + Tuesday, 6/10 - 6/11, 11am - 5pm, 2 Days

Adult Ed Center, Topsham \$125

OIL PAINTING IN THE WILD

Plein air oil painting. Artists will meet at various locations around the midcoast. Open to any of Ed's continuing painting students, or newcomers willing to learn by doing, with instructor guidance and peer feedback. Some familiarity with the medium is recommended. **No Class: 8/19. Instructor: Ed Higgins**

Mondays, 6/17, 10am - 2pm, 10 wks.

Adult Ed Center, Topsham \$185

TRADITIONAL CASE BINDINGS

A three-week series of book arts classes that will cover various techniques and materials including Decorative Calligraphic Papers and two Case Bindings. One with a cloth spine and one with a paper spine. Each class will focus on a different topic, while we learn the basics of bookbinding vocabulary and a bit of book binding history. First class: Decorative Calligraphic Papers - Learn the basics of using broad edged mark-making tools & round pointed tip brushes in calligraphic ways. Second class: Case Binding with a Soft Cloth Spine - In this class, we will create the basic, multi-gathering, case bound book. Third class: Case Binding with a Paper Spine - The third class will focus on strengthening our skills in forming our text blocks, while learning an alternative style of cover. We will add a decorative paper spine to the hardbound covers. Materials & Tools provided.

Instructor: Joelle Webber

Tuesdays, 5/21, 5:30-7:30pm, 3 wks.

Adult Ed Center, Topsham \$75

PAINT NIGHT: THE DEER FAWN

Paint Night w/ Shirley! Come join us and paint an adorable Deer Fawn. This class is designed for absolute beginners and Shirley Anderson will lead you step by step through the process and teach you a few painting tips and techniques. Canvas and paints are supplied. **Instructor: Shirley Anderson**

Wednesday, 5/22, 5-8pm, 1 Night

Adult Ed Center, Topsham \$55

TUMBLING SEA GLASS & BROKEN POTTERY

Various colors of tumbled glass and pottery will enable you to create that beautiful seaside art that you'll enjoy or give as a gift. Driftwood seashells and picture frames are just a few of the extras that make this class so popular. Materials provided.

Instructor: Shirley Anderson

Tuesday, 6/4, 5-8pm, 1 Night

Adult Ed Center, Topsham \$55

MONOPRINTED NATURE JOURNAL

Join Catherine to learn the fun and carefree art of monoprinting using a silicone gelatin plate. Using your favorite craft paints, and elements such as flowers and leaves picked from nature, combined with stencils, you'll create a fun and colorful journal where every page was created by you as a jumping off point to unlimited creativity. This fast-paced creative class will result in a journal you can build on with hand-lettering, stamping, collage and more. Class fee includes: silicone printing plate, and paper. There is a \$10 materials fee, payable to the instructor. Please bring: 6 - 8 coordinating 2 oz. craft paint colors, an apron, texture tools, paint brushes, brayer and textured paper towels. This is a 1 Day Workshop: 6/11 from 11am-3pm. Bring a lunch or snack! **Instructor: Catherine Scanlon**

Tuesday, 6/11, 11am - 3pm, 1 Day

Adult Ed Center, Topsham \$35

FOLDED BARK BASKETS

The bark of some trees, like pine and birch, is a special, very unique material that has been collected consciously by humans for thousands of years. Bark can be very strong, durable, water-resistant and flexible; it has been traditionally used to make baskets, canisters and even canoes! Birch bark is also very flammable and can be used to start campfires. Learn to identify, regeneratively gather, process, store and make a folded basket of birch or pine bark. We'll use hand-gathered spruce roots and brown ash splints to sew a rim on our folded birch bark baskets, which will be beautiful. All required tools and materials provided. **Instructor: Zack Rouda**

Saturday, 6/15, 9am - 4:30pm, 1 Day

Adult Ed Center, Topsham \$95



OPEN STUDIO FOR NEW ARTISTS: STARTING FROM SCRATCH

Interested in art, but not sure where to begin? This class is designed for artists with little to no training or experience. The approach is immersive, structured, but individually tailored to you, with an emphasis on free expression. You will work with the instructor to design a roadmap for a learn-by-doing experience that suits your needs. You are free to choose any media and subject matter that attracts you. Working alongside others who are just starting out, you'll gain confidence and competence as you develop. Sharing these first steps with your peers will inform and inspire you on your journey. **No Class: 8/22.**

Instructor: Ed Higgins

Thursdays, 6/20, 1-4pm, 10 wks.

Adult Ed Center, Topsham \$145

INTERMEDIATE WATERCOLOR

What constitutes an intermediate watercolorist, you ask? You've dabbled. You understand wet on wet and splash pigment and water around happily. You have some idea what your pigments will do and a general understanding of when to stop adding water, yet you'd like more practice. You've had some basic drawing experience, and you're okay with putting pencil to paper to "rough in" your composition (get the basic shapes down), or if your drawing is a bit rusty you are willing to keep working on drawing skills. You are excited to explore, experiment more with watercolor techniques, and expand your watercolor skillset. If this is who you are, then intermediate watercolor is a fit for you. In this class we'll be working from both observation and abstraction. **No Class: 8/20.**

Instructor: Jennifer Linskey

Tuesdays, 6/25, 1-3pm, 10 wks.

Adult Ed Center, Topsham \$165

COIL BASKETS

Embark on a hands-on basket-making journey in our workshop, focusing on the wrapped coiling technique using raffia. Learn sizing, shaping, and pattern creation, achieving a relaxing flow with repetitive motion. Please note that you may not finish your basket during the class unless you choose to make a tiny one. However, we will demonstrate how to complete the final steps when you are ready. You can apply these techniques in the future to create larger and differently shaped bowls, trays, and baskets. There is no experience required for this basket weaving class, and all supplies will be provided.

Instructor: Veronica Perez

Tuesdays, 6/18, 5:30-8:00pm, 6 wks.

Adult Ed Center, Topsham \$125

PASTELS IN THE WILD

This is your chance to ditch the reference photos and give plain air pastels a try. Classes will meet at scenic spots around the midcoast. Aimed primarily at Ed's previous pastel students, as well as his continuing sketching or painting students. However, intrepid artists willing to jump in with both feet and learn in the field with instructor and peer coaching are more than welcome. Some familiarity with the medium is recommended. **No Class: 8/23. Instructor: Ed Higgins**

Fridays, 6/21, 10am - 2pm, 10 wks.

Adult Ed Center, Bath \$185

CUT IT OUT!

Cut it Out! is a class focusing on the art form of collage. We'll cut, rip, tear, playfully arrange, piece together, tape, glue, and embellish unapologetically! We'll give new life and context to cast off and/ or found objects. It is deeply gratifying to be able to change your composition by moving pieces around. Changes are swift and negotiable until you glue your pieces down, making for a very fluid and dynamic art experience. We'll look at artists who have embraced this playful process, and consider its many possibilities. We'll look at the role text can play in a collage piece, discuss composition, and enjoy a mellow introduction to color theory. Once you sign up for this class, start saving those environmental catalogs with pretty scenery, envelopes, and brown paper packages tied up with string...they are all fodder to be used! This is a great class for beginners, but helpful to students desiring a little more play in their work.

No Classes: 7/4, 8/22. Instructor: Jennifer Linskey

Thursdays, 6/20, 1-3pm, 10 wks.

Adult Ed Center, Topsham \$165

WATERCOLOR AND INK IN THE WILD

According to instructor Ed Higgins, field sketching is probably the best way to gain mastery and move your watercolor work forward. Open to any of Ed's past and current watercolor or sketching students. Weather permitting, classes will meet at picturesque locations in and around the midcoast.

No Class: 8/21. Instructor: Ed Higgins

Wednesdays, 6/26, 10am - 2pm, 10 wks.

Adult Ed Center, Topsham \$185

FREEDOM TO PAINT

If you thoroughly understand the subject matter you are painting then you can paint with abandon and enjoy all the wonderful things that watercolor paint can do. In this workshop, we will spend our time coming up with individual methods to thoroughly understand our subject matter, compositional studies, value sketches, color studies and harnessing the power of creating a notan. Students will practice using these tools and then painting with abandon in limited time frames. References will be your own photos or sketches. Please note: This is a one day 8-hour watercolor workshop for intermediate and advanced levels. Students should be using professional tube watercolors, good quality brushes and surfaces. Bring your own lunch/snacks. **Instructor: Deena Ball**

Saturday, 7/20, 10am - 6pm, 1 Day

Adult Ed Center, Topsham \$95

PAINT NIGHT: THE BROOK TROUT

Paint Night w/ Shirley! Like they say, a bad day fishing is better than a good day at work. Come join us and learn to paint this beautiful and colorful freshwater Brook Trout. Shirley Anderson will lead you step by step through the process and teach you a few painting tips and techniques. Canvas and paints are supplied.

Instructor: Shirley Anderson

Thursday, 7/25, 5-8pm, 1 Night

Adult Ed Center, Topsham \$55

PAINT NIGHT: FLOWERS ON WINE GLASSES

Paint Night w/Shirley! Have you ever wanted to paint on a wine glass? Come join us and paint a set of 4 (no stem) wine glasses with beautiful flowers. This class is designed for beginners. Shirley Anderson will lead you step by step through the process of creating a gorgeous set of wine glasses for yourself or as a special gift. This class has an additional materials fee for supplies of \$20, payable to the instructor on the night of the workshop.

Instructor: Shirley Anderson

Tuesday, 8/6, 5-8pm, 1 Night

Adult Ed Center, Topsham \$55

CATTAIL SUN HATS

Cattails are wetland plants with a unique flowering spike, flat leaves that reach heights of 3 to 10 feet, one of the most common plants in large marshes and ponds. Cattails are a wonderful plant: beautiful, edible, and excellent for weaving. Cattail leaves can be used for baskets, cordage, sleeping mats, and more. Learn to identify, gather regeneratively, process, store and weave with cattails. We'll use cattails to weave a sun hat that will be lightweight, comfortable, and a beautiful work of art. You may want to pack a lunch for yourself to eat. **Instructor: Zack Rouda**

Saturday, 8/17, 9am-4:30pm, 1 Day

Adult Ed Center, Topsham \$95

SPECIAL NOTE: Many of our art classes require you to purchase materials ahead of time to fully participate in the class. Actual supply lists will be emailed to students by the instructor after they register and before the first day of class.

Artist Submissions



Watercolor



Collage



STILL LIFE CHALLENGE DEADLINE: JUNE 1, 2024

We want to see your interpretation of the sweet little floral arrangement above, any style, medium, or size is welcome. Here's how to participate: 1. Visit our website to view the color version of this image. 2. Draw, paint, collage, or all of the above the image in any size. 3. Bring your work to the Topsham Adult Ed office by June 1, 2024. 4. Our staff will pick a winner. 5. One winner will receive a free class, value up to \$135



Acrylic



Collage



Collage

SPRING SOAP MAKING

In this workshop, you will learn how to make solid dish-soap bars using the cold process technique with step by step directions and safety advice to follow while making soap with lye. Equipment and ingredients needed are included in the \$20.00 material fee, payable to the instructor at the start of class.

Instructor: Colleen Condon

Thursday, 5/16, 5:30-8pm, 1 Night

Adult Ed Center, Topsham\$35

TETRA-PAK PRINTMAKING

Learn the art of printmaking using recycled Tetra-pak, or tinfoil lined food cartons. Participants will learn how to make their own plate, ink and pull prints by hand or using a manual craft die-cutting machine or pasta maker. After the prints dry, participants will learn how to finish their prints with optional hand-color prints using water-colors and/or colored pencils. This class is suitable for all levels. All materials included.

Instructor: Alexis Rybny

Session II: Wed, 7/10, 5:30-8pm, 3 wks.

Adult Ed Center, Topsham\$120

ACADIAN RETREATS

Join Mary Laury, watercolor instructor, and Chris Toy, cooking instructor, for 4 days of indulging in your choice of painting or cooking in an idyllic coastal setting. Your days explorations will be enriched by evening programs designed to extend your learning with themed movies and live music.

Acadian Arts Retreats Spring 2024 Schedule: Campobello Island, July 12-15, 2024

Various Locations\$495



DANDELION SPRING FARM PRESENTS LANDSCAPE & COLOR

Landscape & Color explores abstraction, color and mark through the lens of landscape painting. This workshop will look at traditional elements and principles of landscape painting, and use these tools to inform and create a compelling abstract work of art. Landscape & Color is designed to help the artist better understand composition, value, color, and most importantly, how to become a looser and more expressive painter. What to expect: The morning will be spent exploring a few sequential exercises both onsite and, in the studio, and the afternoon will be painting plein air, outside. Amanda Hawkins will demonstrate all exercises before artists embark on their own work. Artists will leave the class with preparatory composition and value studies and a miniature series of color study paintings.

Event Timeline:

- 9am-12pm Workshop: Sequential exercises onsite + studio
- 12pm-1pm Lunch Break
- 1pm-4pm Workshop: Plein Air Painting

Saturday, 7/20, 9am-4pm, 1 Day

Dandelion Spring Farm\$130

To register for this event at Dandelion Spring Farm, please call: 207-380-4199 or visit: <https://dandelionspringfarm.com/events/calendar/landscape-color-2/>

FOOD + COOKING



CHINESE DUMPLINGS WITH A MAINE TWIST

Let's make dumplings! Join instructor Jeff Mao to learn about – and make – a variety of Chinese dumpling styles using Maine ingredients from local farms and producers. Try your hand at making three different kinds of dumpling dough with Maine Grains flour – and then use those doughs to make three kinds of dumplings: steamed, boiled and steam-fried. Mix up some pork and shrimp filling and learn a variety of folding techniques before cooking up your dumpling creations. And, of course, spend a little time making dipping sauces to accompany them! We'll provide all the ingredients, materials and equipment, plus recipe sheets and product lists to take home.

Instructor: Maine Tasting Center

Sunday, 5/19, 11am - 2pm, 1 Day

MTC: The Learning Center \$70

CHRIS AND KEN'S AWESOME HURRICANE ISLAND COOKING AND CARVING ADVENTURE!

Join Master Carver Ken Wise and foodie Chris Toy for a weekend of carving and cooking on historic Hurricane Island. You'll cook and eat delicious Asian Fusion recipes using utensils of your own creation. We'll also learn about the history and geography of Maine's most remote granite quarry and settlement. Information will be emailed directly to you after registration. **Instructor: Chris Toy & Ken Wise**
Friday - Sunday, 5/31 - 6/2

Hurricane Island, Maine \$325

FUNDAMENTALS OF HOME CANNING

Have you ever wanted to try canning, but were unsure how to get started? Or perhaps you are concerned about food safety, and wondering how to ensure that your canned food is both delicious and safe. Join Allison Carroll Duffy, Master Food Preserver and author, for this hands-on workshop where we'll cover the basics of safe home canning, including proper procedures, techniques, and use of tools and equipment. Then we'll work together as a group and to make and can a big batch of jam using the boiling water bath method, which is the same method you'll use for making many other canned goods you might want to make at home. While this class will focus primarily on the boiling water bath method of canning, pressure canning will also be discussed. At the end of the class, there will be plenty of jam to taste, and each participant will go home with a jar of jam to enjoy..as well as all the know-how you need to start canning confidently at home! **Instructor: Allison Carroll Duffy**
Tuesday, 6/4, 5:30-8:30pm, 1 Night

Brunswick High School \$70

MAKE YOUR OWN KIMCHI

Join Ger Tysk of Belfast-based Red Kettle Kimchi for an afternoon of kimchi making! Learn the basics of traditional Korean kimchi fermentation as Ger guides you to make a batch of your own Napa cabbage kimchi to take home. You'll also explore other kinds of kimchi and fermented East Asian foods and get ideas for pairing everyday foods with your finished kimchi. All materials and recipes will be provided. **Instructor: Maine Tasting Center**

Saturday, 6/8, 11am - 12:30pm, 1 Day

MTC: The Learning Center, Wiscasset \$55

ENTERTAINING W/MAINE INGREDIENTS: MOCKTAIL MIXOLOGY

Mocktails (mixed drinks made entirely without alcohol) are quickly growing in popularity and are a great way to add a little flair to your next event. In this class, explore a variety of mocktail-ready ingredients made right here in Maine - syrups, shrubs, infusions, flavored sugars and more - and learn how to turn them into beautiful non-alcoholic drinks that are sure to impress. After learning about the ingredients and the Maine producers who made them, attendees will get hands-on with mocktail mixology. Enjoy a demonstration featuring several special recipes before trying your hand at making (and tasting!) your own. All materials and recipes will be provided.

Instructor: Maine Tasting Center

Tuesday, 6/4, 5-7pm, 1 Night

MTC: The Learning Center, Wiscasset \$35

MAINE BLUEBERRIES: THEY'RE WILD!

Discover the difference between the original Maine wild blueberry and hybridized "grocery store" blueberries through a guided tasting experience showcasing a variety of blueberry products made by Mainers. The iconic wild blueberry's 10,000-year history as the original superfood of Maine is an age-old story packed with flavor - we'll leave you in good taste as you see for yourself what sets the Maine wild blueberry apart from the rest! In this class, attendees will learn about Maine's wild blueberry industry while sampling a wide variety of wild blueberry products made by Maine producers.

Instructor: Maine Tasting Center

Saturday, 8/3, 3-4:30pm, 1 Day

MTC: The Learning Center, Wiscasset \$30

ENTERTAINING WITH MAINE INGREDIENTS: BOUNTIFUL BOARDS

A beautifully arranged charcuterie and cheese board is a sure way to impress, whether you're entertaining at home or contributing to a pot luck. The best way to improve upon this classic appetizer is to fill your board with locally-sourced cheeses, meats and accouterments. In this class, students will be introduced to a wide variety of Maine producers; sample their products and learn how to incorporate them into your next charcuterie board. Attendees will also explore the fundamentals of arranging a beautiful charcuterie board - from cutting techniques for meats and cheeses to selecting and arranging eye-catching garnishes. This class will offer plenty of opportunity to taste products and practice various cutting and arranging techniques. All materials and product lists/recipes will be provided.

Instructor: Maine Tasting Ctr.

Thursday, 8/8, 5-7pm, 1 Night

MTC: Learning Center, Wiscasset \$55



FITNESS + WELLNESS

SOULALCHEMY: CRAFT YOUR EMOTIONAL SOUL BLEND WITH ESSENTIAL OILS

Immerse yourself in "SoulAlchemy," a session dedicated to crafting your emotional soul blend with essential oils. Begin with a brief introduction on how essential oils impact mood. Then, dive deeper as you use a pendulum to intuitively select up to three essential oils that resonate with your emotional needs. Learn the profound emotional properties of your chosen oils and craft a personalized soul blend that reflects and uplifts your unique essence.

Instructor: Cary Ouellette

Session II: Thursday, 6/20, 9-10am, 1 Day

Peace Within, Topsham \$35

MINDFULPAGES: GROUP JOURNALING, MEDITATION, AND ESSENTIAL OILS FOR BEGINNERS

Join "MindfulPages," a specially crafted session for beginner journalers seeking a supportive and inspiring community. Engage in group journaling with thought-provoking prompts, accompanied by short meditations to enhance mindfulness and creativity. Immerse yourself in the therapeutic benefits of essential oils, creating a harmonious environment for self-expression. Conclude each session with discussions to share your experiences, foster connections, and deepen your appreciation for the art of journaling. You will be gifted a journal.

Instructor: Cary Ouellette

Session II: Wednesdays, 6/5, 3-4pm, 4 wks.

Peace Within, Topsham \$65

A JOURNEY INTO ESSENTIAL OILS AND EMOTIONS

Join us on a sensory and enlightening session introducing you to the profound connection between essential oils and emotions. Delve into the world of aromatherapy and discover how specific scents can evoke powerful emotional responses. Learn through a lecture how essential oils can become your emotional allies, influencing mood, and promoting a sense of well-being. Plus, immerse yourself in the experience by sampling a curated selection of essential oils. Join us for an aromatic adventure where your emotions take center stage. You will be gifted an essential oil to take home.

Instructor: Cary Ouellette

Session IV: Tuesday, 6/11, 9:30-10:30am, 1 Day

Peace Within, Topsham \$25

LET IT GO! FIESTA (TUESDAYS)

"Let it Go with Tony" is under TDF (Tony Dance Fiesta LLC) and is not only a dance program that helps you physically by burning calories and keeping you fit, but it also helps you fight depression as it will encourage you to feel empowered and confident. It will be a time dedicated especially to you, where you will laugh, dance without being judged. This class is for every body, gender, age and shape, you will go at your own pace, just like you would in a nightclub or at family party! **Instructor: Tony Garretton**

Session III: Tuesdays, 6/25, 5:30-6:30pm, 6 wks.

Tony's Bath Studio \$70



YOUR HEALTH IS IN YOUR HANDS: THE ANCIENT HEALING ART OF JIN SHIN JYUTSU

Achieve physical, mental, and spiritual harmony through the application of hands as 'jumper cables' to gently balance the flow of life energy in the body. This course will teach you the physio-philosophy of Jin Shin Jyutsu, along with effective self-help techniques that promote optimal health and well-being, facilitating your own profound healing capacity through this ancient healing art. **Instructor: Margit Ahlin of Jin Shin Midcoast**
 Session II: Wed, 7/17, 5:30-7:30pm, 5 wks.

Adult Ed Center, Topsham \$95

NORDIC WALKING

Nordic Walking is like cross country skiing without the skis and is one of the fastest-growing outdoor activities in the world. It burns 20 to 40 percent more calories than regular walking, develops upper body strength, increases safety by adding upright stability, while reducing the impact on lower body weight-bearing joints. It improves neck and chest mobility, enhances mood, and is a fun and social way to enjoy the outdoors year-round. Nordic walking is suitable for everyone from the beginning exerciser to the active athlete. Please wear comfortable footwear and dress for outdoor weather. Equipment rental fee \$9 or bring a set of Nordic Walking poles. **Instructor: Barbara McGranahan**
 Session II: Mondays, 6/10, 5:15-6:15pm, 3 wks.

Adult Ed Center, Topsham \$35

PICKLEBALL FOR BEGINNERS

Learn the basics of the fast-growing sport of Pickleball. Easy to learn in a short time to have fun, get exercise, fresh air and find people to play with. Paddles are provided for classes. All classes will be held on the Pegasus Courts' at 126 Pegasus Street at Brunswick Landing. Instructor Barbara Rondeau is a former tennis pro who took up Pickleball 7 years ago and has been teaching ever since. **No Class 5/27. Instructor: Barbara Rondeau**
 Session II: Mondays, 5/20, 3:30-5pm, 5 wks.

Pegasus Courts\$80

PICKLEBALL FOR INTERMEDIATES

Improve your skills with drills and coaching during play. Work on third shot, net play, consistency, and strategy. Please bring your own paddles. All classes will be held on the Pegasus Courts' at 126 Pegasus Street at Brunswick Landing. Instructor Barbara Rondeau is a former tennis pro who took up Pickleball 7 years ago and has been teaching ever since. **No Class 5/27.**

Instructor: Barbara Rondeau

Session II: Mondays, 5/20, 2-3:30pm, 5 wks.

Pegasus Courts\$80

MINDFULNESS MINI-RETREAT

In the midst of the hustle and bustle of life, it can be helpful to take time to pause, turn inward, and reconnect with yourself. Join this mini-retreat for 2 hours of guided mindfulness-based practices for grounding, soothing, and connection with yourself. Meditations, informal mindfulness practices, prompts for journaling and reflection, and gentle movement will be offered. Please bring a yoga mat and a journal. **Instructor: Heather Shaughnessy-Cato**
 Saturday, 5/18, 1-3pm, 1 Day

Adult Ed Center, Topsham\$35



SPECIAL NOTE: Please wear comfortable clothing, and bring a mat, strap and other supports you rely on when you are practicing yoga or pilates. If you have questions, please contact the office so we can put you in touch with the instructor before the start of class.

MUSIC + DANCE



GUITAR W/ RANDY

This Spring semester you can be playing songs on your guitar in just a few classes! We will discuss guitar technique as we practice learning a few basic chords and strumming patterns, which are all detailed in my book for reference as you practice at home on your own between classes. We'll actually play songs as part of our class. You will also discover how to read music in standard notation and guitar tablature! So, get some new strings, maybe a songbook, and start practicing (even if you don't know what you're doing). Make sure to bring lots of enthusiasm and questions about guitar! New students: \$20 materials fee paid to instructor for two books and more. **No Class: 4/15 & 5/27.**

Instructor: Randy Lindsey
 Session II: Mondays, 7/8, 5-6:30pm, 8 wks.
Mt. Ararat Middle School\$90

SINGING W/ RANDY

This Spring semester, in our Singing Class, we will focus on concepts such as accuracy of pitch, projection, pronunciation, and personal style. We will have fun singing songs in parts (SATB) while discussing vocal production to help you become a stronger, more confident singer. We need male/low pitch voices ... We usually have more ladies than men, so if you're a bit shy about signing up, know that others are shy, too. Come discover the capabilities of your own voice! And you may be one of the students who surprises themselves! New students: \$15 materials fee paid to instructor for 1 book and more. **No Class: 4/15 & 5/27.**

Instructor: Randy Lindsey
 Session II: Mondays, 7/8, 6:30-8pm, 8 wks.
Mt. Ararat Middle School\$90

INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands-on instruction and partly lecture demonstration. *This course includes ONE live online session, and students follow up on their own with provided video lessons. **Instructor: Craig Coffman**

Session II: Tuesday, 6/18, 6:30-9:30pm, 1 Night
Online\$65

INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands-on instruction and partly lecture/demonstration. For ages 13+. *This course includes ONE live online session, and students follow up on their own with provided video lessons. **Instructor: Craig Coffman**

Session II: Wednesday, 6/19, 6:30-9pm, 1 Night
Online\$65

MODERN LINE DANCING FOR BEGINNERS

We'll learn some easy line dances that use a variety of steps, including pop, Latin, hip-hop, soul, and country/western. Be prepared for wicked, synchronized dancing fun, and get great exercise for the body and mind. All ages welcome; no experience necessary, but some ability to count musical beats is helpful.

Instructor: George Oliver
 Mondays, 6/10, 5:30-6:30pm, 7 wks.
Topsham Grange \$40

MODERN LINE DANCING FOR HIGH BEGINNERS/ IMPROVERS

This second level of line dancing assumes that participants have taken Line Dancing 1 or have had some basic beginner experience with line dancing. A knowledge of basic line dance steps is helpful, but some dancing proficiency and sense of rhythm should be sufficient. We'll finish learning the list of beginner and improver line dance steps and patterns, and practice some of the current popular high-beginner and improver-level dances.

Instructor: George Oliver
 Mondays, 6/10, 6:30-7:30pm, 7 wks.
Topsham Grange\$40

DANCE WITH ME! SAGE SQUARE AND ROUND DANCE CLUB

Get healthy and have fun with Modern Square Dancing! Forget the cowboy costumes and unfamiliar music. Modern Square Dancing moves to oldies rock you love, you don't need any special clothing, and you'll do 5,000 steps in just two hours without even noticing! Brunswick's local square dance club offers FREE lessons in Brunswick starting in January and September. Medicare Advantage considers this a reimbursable fitness activity, so you can dance FREE all year and still have more than \$600 remaining in your benefit for your gym or other programs. In about 30 weeks of lessons, you will master enough different steps to dance at any Mainstream square dance worldwide! The SAGE Square and Round Dancing Club was founded as a way to build local friendships quickly among the transient personnel at the Topsham SAGE military base. More than 50 years after that base closed, SAGE is still having fun dancing together.

Questions? Call or text Carlene, 207-504-0386

Experienced Mainstream dancers are welcome to contact us about joining an on-going group. Newcomers will need to wait until September 2024 for the next round of beginner lessons.

GET OUTSIDE

EDIBLE & MEDICINAL MUSHROOMS OF NEW ENGLAND

Join author David Spahr for an indoor presentation and discussion of edible and medicinal mushrooms, identification, tools and equipment for harvesting, as well as books, materials, and other resources. David has collected edible mushrooms for 50 years. He is a member of the Maine Mycological Association and the North American Mycological Association. **Instructor: David Spahr**
Session III: Thursday, 6/13, 6-8pm, 1 Night
Adult Ed Center, Topsham \$35

FARMING WITH NATIVE PLANTS

Author David Spahr has an extensive native farming project. In this class he will discuss and illustrate the how's and whys of farming with native plants, trees, and bushes. **Instructor: David Spahr**
Session II: Thursday, 5/30, 6-8pm, 1 Night
Adult Ed Center, Topsham \$35

CAPTAIN LICENSE INFORMATION SESSION

Are you interested in obtaining a USCG Captain's License? Do you want to learn the differences between an Operator Uninspected Passenger Vessel (OUPV) license and a Master 100GT license, and what experience the Coast Guard requires for each? These informational sessions will help answer these questions and others about the two licenses. Also discussed will be the different methods for completing the course requirements. We plan to offer both courses in Maine during the Fall of 2024, representing the Captain School Key West/ Miami. This information session is free, but please register in advance, so the instructor knows how many individuals will be attending and can send login instructions.

Instructor: John Coffin

Session II: Wednesday, 8/7, 6-8pm, 1 Night

OnlineFREE

MUSHROOM WALK

Join seasoned forager David Spahr on an immersive mushroom hunt, exploring habitats, structures, and safe foraging practices. Uncover surprises in each walk, shaped by season and location. Suitable for all ages (8-15 with a registered parent), this moderate-difficulty hike promises an exciting, educational adventure. Required Supply List: Notebook and pen to take notes, sensible clothing and footwear, water, snack and bug repellent. A basket or bags are optional. NOTE: This class will start with an outdoor talk at the waterfront followed by the walking portion. **Instructor: David Spahr**

Session I: Sunday, 7/14, 1-3:30pm, 1 Day

Session II: Sunday, 8/11, 1-3:30pm, 1 Day

Maily Waterfront Park\$45

KATAHDIN SUMMIT FULL MOON CAMPING AND HIKING

Experienced hikers and campers prepare and plan to join up to 8 adventurers to summit Maine's tallest peak with Registered Maine Guide Chris Toy. You must be able to hike for 4 hours with a 20-pound pack while gaining 2000 feet in elevation to sign up for this trip. *The trip will take three days and two nights. The dates are approximate depending on when reservations are available. Summiting is not guaranteed and will depend on weather conditions. *Payable by check only.* More information will be emailed to you after registration. **Instructor: Chris Toy**
Thursday - Sunday, 7/18 - 7/21

Location TBD \$250

BAXTER STATE PARK CAMPING TRIP

This trip is a great introduction to Baxter State Park. Join up to 8 adventurers to experience one of Baxter State Parks several campgrounds. We'll do some hiking, swimming, boating, cooking, and just enjoying Maine's largest wilderness. Bring your camp chairs and cameras! *Payable by check only.* More information will be emailed to you after registration.

Instructor: Chris Toy

Friday - Sunday, 8/23 - 8/25

Location TBD\$250

FORAGING

Crave the forest's bounty? Join David (65+ years of experience!) for an immersive foraging adventure. Learn to identify edible treasures, from berries to mushrooms, and uncover the secrets of plant ecology. This isn't just a walk, it's a transformative experience that fills your basket and your soul! Limited spots, register today! David is a member of the Maine Mycological Assoc. NOTE: This class will start with an outdoor talk at the waterfront followed by the walking portion. **Instructor: David Spahr**

Session I: Saturday, 5/25, 1-3:30pm, 1 Day

Session II: Sunday, 6/23, 1-3:30pm, 1 Day

Session III: Sunday, 7/7, 1-3:30pm, 1 Day

Session IV: Sunday, 8/18, 1-3:30pm, 1 Day

Maily Waterfront Park \$45

MALAGA ISLAND HISTORICAL SEA KAYAK AND WALK

Join Alice Bean Andrenyak and paddle 1.5 miles by sea kayak after an orientation and safety briefing with Master Maine Guide, Alice in her provided kayaks. Learn about the late Civil War mixed-race community and their eviction in 1912 by the state of Maine. Learn the prehistory of the island and its current use by walking the trails on the and stopping to learn about the different sites on the island. No buildings remain. You'll have a chance to eat the snacks/lunch that you brought at the southern end of the island. Afterwards we'll paddle back to our start. You must be able to walk unaided on uneven trails. Five-hour trip meets at 8:15am in Cundy's Harbor (parking is about 1/2 mile away) and returns about 1:15pm. Weather conditions unsafe for paddling will cancel the trip.

Instructor: Alice Bean Andrenyak

Tuesday, 6/4, 8am-2pm, 1 Day

Cundy's Harbor \$150

OYSTER FARM & COMPLIMENTARY TASTING SEA KAYAK TOUR

Paddle during our 3-hour sea kayak tour and learn about Maine's Aquaculture industry. We will learn about lobstering, clamming, fishing and we'll stop at Mere Point Oyster Company's strings to learn about oyster farming. We will head to an island to land for a break for snacks that you brought and to learn to shuck oysters before the complimentary tasting. Oyster sauces include lemon juice, chipotle Tabasco sauce and Alice's Famous Maine Blueberry Mignonette sauce. Weather conditions unsafe for paddling will cancel the trip. June 14, 2024.

Instructor: Alice Bean Andrenyak

Friday, 6/14, 8am-4pm, 1 Day

Mid-Coast Maine Area \$95

SOMETHING FOR EVERYONE



INTRO TO ASTROLOGY: A WEEKLY DISCUSSION SERIES

In this weekly discussion series, professional astrologer Laura Kenworthy will introduce the world of astrology for the curiously-minded. Discussion topics will focus on different themes every week. Laura Kenworthy has studied the astrological archetypes and been a practicing astrologer for over 40 years.

Instructor: Laura Kenworthy

Session 4: Thursdays, 6/6, 5:30-7:30pm, 3 wks.

Session 5: Thursday, 8/1, 5:30-7:30, 3 wks.

Adult Ed Center, Topsham \$40

LEGALLY CHANGING YOUR NAME AND GENDER MARKERS: A WORKSHOP FOR THE QUEER COMMUNITY

This course is a step-by-step guide to changing your name & gender markers to align with your lived identity in Maine. We will discuss the required legal processes from beginning to end, lay out a roadmap for their completion, and examine emotional and practical realities you'll experience along the way. Taught by trans author Violet Hart (Legalize Me), this course welcomes people of all identities and centers the LGBTQ+ experience in a safe and affirming environment. This course includes a complimentary copy of "Legalize Me: A Comprehensive Guide to Changing Your Name and Gender Markers in the State of Maine." No Class: 4/16. **Instructor: Violet Hart**

Session II: Tuesdays, 6/4, 6-8pm, 6 wks.

Mt. Ararat High School \$125

THE WHY, HOW, AND WHO OF FINDING A MENTAL HEALTH THERAPIST

'Therapy' is not a dirty word. But even when we want it, figuring out how to get it can feel like an insurmountable challenge. This one-night course will change that. Through both practical and emotional means, we'll explore: finding accredited therapists, understanding insurance requirements, determining if your therapist is a good match (and what to do if they aren't), and much more. **Instructor: Violet Hart**

Session II: Friday, 6/21, 5:30-7:30pm, 1 Night

Mt. Ararat High School \$20

THE ENNEAGRAM & SELF-AWARENESS: AN INTRODUCTION

Learn how to use the Enneagram as a tool for self-awareness in this introductory session. Combining traditional mindfulness practice with the practical knowledge of modern psychology, the Enneagram helps us grow in a way that is compassionate, fascinating, and helpful. This session will include a brief meditation, a teaching, journaling prompts, and small group exercises with other participants. **Instructor: Ben Campbell**

Session II: Thursday, 5/16, 6-8pm, 1 Night

Morse High School \$30

GET TO KNOW YOUR IPAD/IPHONE

Join us to discover how to use your iPad/iPhone! A class for all to enliven your life through this astounding device. We'll cover everything you need to know to feel comfortable and get the most out of this powerful tool. Bring your iPad/iPhone and learn to navigate your device comfortably, set up assistive technologies, create art, explore the web, take and share photos and videos, and more! Digital artist Andrew Elijah Edwards shares his knowledge and answers any questions you have in a supportive, community environment.

Instructor: Andrew Edwards

Session II: Thursdays, 7/11, 6-8pm, 4 wks.

Adult Ed Center, Topsham \$65

GET TO KNOW YOUR PC!

Learn to use your PC computer like a pro with professional digital artist, Andrew Elijah Edwards. This course is for newcomers to Microsoft Windows operating system or those wishing to go deeper with their digital workflow learning new tips & tricks. Make the most of these powerful digital tools and up your digital expertise. **Please note:** No PCs will be provided for this course. This course will cover basic information about PC computers through a show & tell/lecture-style format.

Instructor: Andrew Edwards

Session II: Thursdays, 8/8, 4-6pm, 4 wks.

Adult Ed Center, Topsham \$65

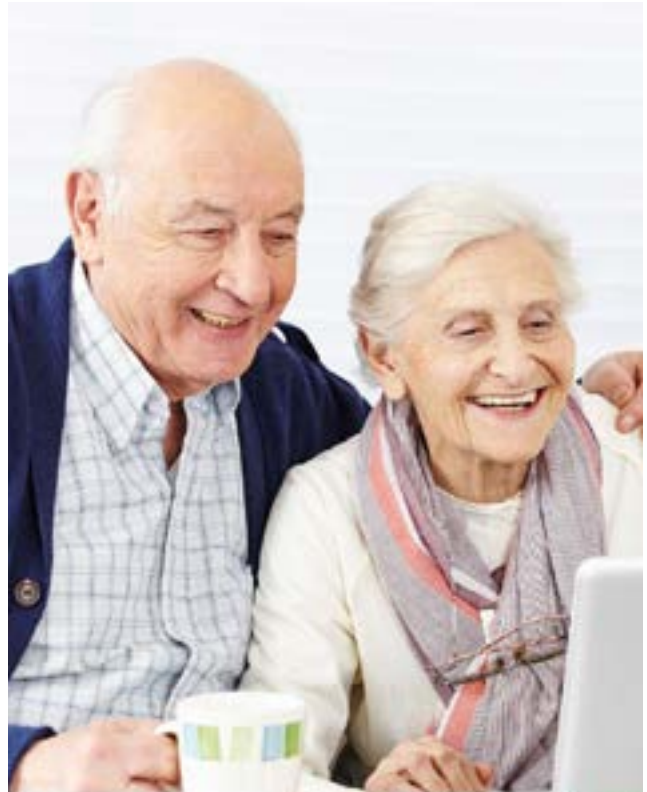
CONNECTING WITH YOUNGER AUDIENCES

Bridge the generational gap and unlock the potential of your younger workforce with this insightful 2-part series on understanding and engaging Millennials and Gen Z. *Part 1:* Understanding Generational Differences, *Part 2:* Millennial Mindset. Embrace the diversity of thought and empower your team with this essential guide to connecting with the next generations.

Instructor: Benefits and Beyond LLC

Thursdays, 5/23 + 5/30, 5:30-8pm, 2 wks.

Brunswick High School \$155



MESSAGE CIRCLE WITH JEANNIE SULLIVAN

In this setting you will receive psychic intuitive readings where you will hear from either loved ones, Spirit Guides, and those who are of the Spirit Realm wishing to speak to you. **Instructor: Jeannie Sullivan**

Jeannie Sullivan

Session III: Thurs, 6/20, 5-7:30pm, 1 Night

Adult Ed Center, Topsham \$40

SO, YOU WANT TO RUN AN AIRBNB?

Did you know that the number of people turning to Airbnb for lodging in Maine has almost doubled from just a few years ago?! The revenue earned by Airbnb wonders in Maine was roughly \$40 million. If you have entertained the idea of opening up your guest house or summer camp for short term rentals, this is a class not to miss! Debra has operated River Escape for two years in Damariscotta as an active and popular Airbnb.

Instructor: Deb Arter

Monday, 4/8, 6-8:30pm, 1 Night

Online \$40

GET TO KNOW YOUR MAC!

Take a deep dive with professional digital artist, Andrew Elijah Edwards, and learn to use your MAC computer like a pro. Great for newcomers to the Apple ecosystem or those wishing to go deeper with their workflow learning new tips & tricks. Make the most of these powerful digital tools and up your digital expertise.

Instructor: Andrew Edwards

Session II: Thursdays, 7/11, 4-6pm, 4 wks.

Adult Ed Center, Topsham \$65

PAINTING ON THE IPAD

It's like iPad Bob Ross! Come paint with us, digitally. Learn to use your iPad and Apple Pencil to create stunning works of art on this new medium. Paint along with your digital artist instructor Andrew Edwards and learn the fundamentals of building up a composition, be it a stunning landscape or intimate portrait or still life. Learn how to use the powerful software tool Procreate and how to leverage these tools to paint in watercolor, charcoal, oil paints, you name it, digitally on your own iPad. Students should bring their own iPad and Stylus and be ready to get creative! All levels welcome, your instructor will walk you through step by step. If you are new to the art of drawing or a seasoned artist looking to transfer their skills to a digital medium, you will be right at home.

Instructor: Andrew Edwards

Session 2: Thursdays, 8/8, 6-8pm, 4 wks.

Adult Ed Center, Topsham \$65

IMMERSIVE CREATIVE WRITING

The imagination is an amazing tool, and nowhere is this more obvious than in the art of creative writing. From short fiction and poetry to full-length fiction or multi-volume fictional sagas, from unique social media posts to original advertising copy, it is important that the creative writer be able to tap into their creative, imaginative core. This class will touch on; generating ideas for a wide variety of writing projects, how to hook the reader's attention, how to write attention-getting social media posts, the structures of poetry and fiction as well as developing narrative design for stories. You are welcome to bring your laptop or a notebook and writing utensils, whichever you are more comfortable with. But either way, this is an immersive, interactive class, so come prepared to write! Can't wait to see you there! Join your instructor, writer and author Stephanie Garrity, in taking your stories to the next level.

Instructor: Stephanie Garrity

Tuesdays, 6/25, 6-7pm, 10 wks.

Adult Ed Center, Topsham \$180

JOURNALING FOR WRITERS

A question that is often asked of writers is "where do you get your ideas from?" It is one thing to have an idea; it is another thing entirely to remember it when you sit down at your computer to write. Learn how to harness your writer's imagination, avoid writer's block and hone your writing skills by keeping a daily writer's journal. Your instructor will share tips and techniques for setting up your journal as well as for finding inspiration even when you are not feeling particularly inspired. A blank notebook will be provided, please bring your own writing utensils. Can't wait to see you there! Join your instructor, writer and author Stephanie Garrity, in taking your journaling practice to the next level. **Stephanie Garrity**

Thursdays, 8/1, 6-7pm, 5 wks.

Adult Ed Center, Topsham \$95

INVENTORS FROM MAINE

From earmuffs to board games, agricultural implements to modern kitchen appliances, and from a national holiday to a worldwide church, many of the greatest inventions in American history were invented in the Pine Tree State. In this course we will examine these Maine inventors, their inventions, and the impact these innovations, and many more, had on our world today. Join us for this informative 3-week class by author and historian Lori-Suzanne Dell.

Instructor: Lori-Suzanne Dell

Tuesdays, 7/9, 5:30-7:30pm, 3 wks.

Adult Ed Center, Topsham \$85

GHOST STORIES FOR SUMMER NIGHTS

Remember sitting around the campfire toasting marshmallows and telling scary stories? In this short course with Laurie Notch you will learn the history of the ghost story, why it is popular in cultures worldwide, and how to spin your own spooky yarn for fun and entertainment. Class takes place on Zoom. Students must have reliable internet, and an audio and video enabled computer, tablet or smartphone to participate. **Instructor: Laurie Notch**

Wednesdays, 7/10, 6-8pm, 4 wks.

Online \$50



TRAVEL OPPORTUNITIES



SPRING BROADWAY, BIRDS AND BLOOMS NEW YORK CITY MOTOR COACH TOUR

There's something special about New York City in Springtime when the buds are busting, birds are singing and Broadway is hoppin! Please join us April 17-20, 2024 as we travel from Portland and points south (during April School Vacation) We'll spend three nights at the lovely Belvedere Hotel in Times Square, experience a Broadway show (TBD), wander through the Brooklyn Botanical Garden and discover extra insider experiences. 3 Nights/Rates from \$989 per person depending on room type. *Please register with Merrymeeting for more information.*

Coordinated by Nancy Dorrans of Adventure Marketplace
Trip Dates: Wednesday to Saturday, April 17-20, 2024

CLASSICAL GREECE DISCOVERY

Discover the magnificent ruins of ancient Greece in their tranquil Mediterranean settings. This comprehensive journey explores Greece's most important ancient monuments, like the famed Temple of Zeus, the archaeological site of Olympia, and ancient artifacts of Delphi. Explore Athens on a tour of Acropolis. Visit a local farm to see how olive oil and wine are produced. Learn how to cook traditional Mediterranean cuisine. Learn the history of this fascinating country from local experts on guided tours of Athens, Metéora, Delphi, and Olympia. This journey balances expeditions to Greece's important historic sites with ample time to explore on your own. Trip includes: 11 days and 16 meals. *Please register with Merrymeeting for more information.* **Coordinated by Collette Travel**

Trip Dates: November 5-15, 2024

ICELAND'S MAGICAL NORTHERN LIGHTS

Experience the "land of fire and ice" and chase the aurora borealis across an ethereal wonderland. In the dark of the night, search for the northern lights as you drift along on an evening starlit cruise. Travel the "Golden Circle," home to renowned natural wonders, and spend time at Thingvellir National Park, gaze at Gullfoss waterfall, and see the explosive geothermal fields at Geysir. Explore Skógar Museum and see traditional turf-built homes. Walk on a black volcanic sand beach. See Jökulsárlón glacial lagoon filled with floating icebergs. Relax in the warm, mineral-rich water of the Blue Lagoon. Trip includes: 7 days and 11 meals. *Please register with Merrymeeting for more information.* **Coordinated by Collette Travel**

Trip Dates: March 2-8, 2025



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For location-specific information packets, either drop by our office at 35 Republic Avenue in Topsham or email us at: rodriguezj@link75.org



Certificate Programs give you the flexibility to enroll in the entire course or choose from individual units within the program. Visit our website at merrymeeting.org or contact us at 729-7323 for more information!

CERTIFICATES + TRAINING

BOOKKEEPING CERTIFICATE

How do you manage the finances of a business? Whether you are an entrepreneur, running a family business, or just looking to advance your career and add to your skill set, this Bookkeeping Certificate will provide you with the knowledge needed to measure and manage the financial health of your business. This program focuses on cash basis accounting. No one will care more about the financial health of your business than you! It's imperative that you understand how the process works and are able to complete the accounting cycle accurately and in a timely fashion. Even if you plan to outsource your bookkeeping needs, you should still understand how the process works. No one should be clueless when it comes to the finances of their business. The Bookkeeping Certificate courses must be taken in the following order (the classes build off each other): 1. Understanding Debits and Credits, 2. General Ledger and Month End Procedures, 3. Closing Procedures and Financial Statements. However, courses may be taken individually at a cost of \$195 each. **Instructor: Sharon DeFonteny.**

Closing Procedures and Financial Statements: Dates: 6/3 - 6/28/2024, Online \$195

ENTREPRENEURSHIP CERTIFICATE

Boost your chances of success for your new or small business and reduce your risks. Get the latest on planning your business, brainstorming business ideas and a checklist for going into business. Then learn how to create a business plan, including assessing business feasibility and preparing the management and financial plans. Then take home a step by step approach to attract and keep customers, with an emphasis on customer-driven marketing decisions and building a strong brand. At the end of this certificate, you will be able to identify the abilities required of successful entrepreneurs and how to acquire them, develop goals to help establish your business, develop an outline for your plan, and take-home techniques to successfully manage and market your new business. The Entrepreneurship Certificate courses must be taken in the following order (the classes build off each other): 1. Entrepreneur Boot Camp, 2. The Business Plan, 3. Entrepreneurial Marketing. However, courses may be taken individually at a cost of \$195 each. **Instructor: Mary Beth Izard**

Entrepreneurial Marketing Dates: 6/3 - 6/28/2024, Online \$195

CERTIFICATE IN MASTERING COMPUTER SKILLS FOR THE WORKPLACE

Get hands-on experience with the most widely used computer programs in the world, and take away the skills to create professional documents, presentations, and spreadsheets. Whether you're looking to enhance your current career or launch a new one, this certificate program will equip you with the skills you need to succeed in today's digital world. Earn a certificate that demonstrates your mastery of computer skills for the workplace by taking all three classes in this series. Discover the power of Microsoft Excel to create, edit and manage spreadsheets, master the art of professional document creation with Microsoft Word, and bring your proposals and presentations to life with Microsoft PowerPoint. The Certificate in Mastering Computer Skills for the Workplace courses must be taken in the following order (the classes build off each other): 1. Mastering Microsoft Excel, 2. Mastering Microsoft Word, 3. Mastering Microsoft PowerPoint. However, courses may be taken individually at a cost of \$195 each. **Instructor: Elizabeth Flanagan**

Mastering Microsoft PowerPoint: 6/3-6/28/2024, Online \$195

MARKETING USING SOCIAL MEDIA

The benefits of social media make it an essential part of a business plan. Social Media Marketing has become more than running digital advertising campaigns; it allows your business to build a following of loyal customers through authentic posts and interactions creating excitement for your business as it grows. Each platform gives your business the tools to successfully build your brand, connect with your customers, and track analytics. This course will focus on Instagram, Facebook, TikTok, Pinterest, LinkedIn, Twitter, and Nextdoor. **Instructor: Melissa Torres**

Session 2: 7/4-7/28/2024, Online \$195

VIDEO MARKETING

Sight, sound and motion are much more compelling than static words on a page. Video is very hypnotic and it quickly speeds up the "know, like and trust," factor with your audience. In this course you will discover how to use simple online video to quickly bond with your viewer, drive traffic to your website, boost business and build brand awareness. Find out how to shoot simple, effective videos without costly fancy equipment or savvy technical skills. Discover the secrets to creating content that commands attention. Learn how to dominate Google and YouTube with your video and to strategically use YouTube to market your business 24/7 -- even while you sleep. **Instructor: Rob Lee**

Session 2: 6/6-6/30/2024, Online\$245

HOW THE LERN CERTIFICATE PROGRAM WORKS

It is easy to participate in your online course. After you register, you will be given a web address to go to get into your online classroom. You will have a password and use your email address and password to gain access. Once inside the online classroom, here's what you can expect.

FOR EACH UNIT, YOU WILL:

- Access the online readings and content in each unit
- Listen to the audio presentation and view the slides
- Take a self-quiz to see how much you have learned
- Engage in written online discussion with your instructor and other participants

For best learning, you should make one or more comments at 2-3 different times each day. The content (readings, audio lectures, slides) and self-quizzes are accessible for the entire course, so you can work ahead, or go back and review again, at your convenience.

PARTICIPATE WHEN YOU WANT

- You can participate any time of day or evening. The online classroom is open 24 hours a day, 7 days a week.
- There are no live real-time requirements or meetings. You decide when you participate.
- For the best learning, participants should log into the course on 2-3 different days of the week.

DISCUSSION

The Discussion for each Unit lasts one week. All comments are made in writing and can be made at any time of the day or night. Your instructor will log into the Discussion area at least once a day and answer questions, make comments, and respond to comments by you and the other participants. We encourage you to make 2-3 comments each day to maximize your learning and enjoyment of the course.

Visit our website at merrymeeting.org or contact us at 729-7323 for more information.





68 Church Road - Brunswick - 207-729-6622
www.r10tech.org

The Mission of Region 10 Technical High School is to enrich the unique potential of each learner by enabling students to acquire knowledge, skills, and dispositions necessary for further education or for gainful employment. These goals will be achieved through education focused on individual and community needs, demonstration of responsible citizenship and professionalism, and acquisition of career and technical skills that meet both state and national standards.

There are 14 full year programs at Region 10. Many of these programs offer certification which shows evidence to future employers of the work completed and experience gained. These certifications are specific to each program, and are widely recognized by prospective employers and college admission counselors, as a mark of excellence.

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12 Sewall Street - Brunswick - 207-442-7736
www.uma.edu/locations/brunswick/

UMA Brunswick is one of eight centers around Maine where people can take courses, pursue degrees, and receive all the support they need to earn a college degree close to home and on schedules that fit into their family and work lives. Courses are taught by faculty onsite, online, and via web videoconferencing.



BECOME A PREMIER MEMBER TODAY!

MEMBERSHIP BENEFITS INCLUDE:

- **Early Access:** Premier members receive our catalogs digitally prior to public distribution, for exclusive early access to class schedules and offerings (actual registration still limited to public release).
- **Loyalty Program:** Premier members receive 25% off every 6th class they take with Merrymeeting.
- **Exclusive Media:** Enjoy convenient video workshops, on topics ranging from cooking to meditation, with access to our growing library of media.
- **Catalog Opportunity:** Premier members may submit announcements in our future catalogs, as we are dedicating a page for announcements by our Merrymeeting Premier members. (restrictions apply, contact us directly for details).
- **Discount Offer:** Premier members receive a 10% discount on any Merrymeeting Youth & Family program (excluding DE and any program over \$400; can only be used once annually).
- **Subscription Service:** Premier memberships include a free subscription to our latest Merrymeeting Premier Magazine (exclusive annual online publication emailed directly to club members).
- **Special Invitations:** Premier members will enjoy access to special workshops and events developed especially for them.

JOIN THE MERRYMEETING PREMIER MEMBERSHIP CLUB FOR ONLY \$25!

* Membership fee is annual

QUESTIONS? START HERE!

HOW DO I REGISTER? We recommend registering with a credit or debit card ONLINE, or by calling the office. Payment **MUST** be made at time of registration. There is a \$50 fee for each returned check, or to place a stop payment on a lost check. Visit Merrymeeting.org, or call 729-7323, or 443-8255 to register.

WHAT DISCOUNTS DO YOU OFFER?

- Seniors: Age 60-plus \$10 off classes of more than two nights.
- Employees: 20% off classes up to \$100; \$20 off classes of \$100 or more. Includes MSAD 75, Brunswick, RSU1, and Wiscasset.
- Veteran's receive a 10% discount on classes of more than two nights
- No Discount on one or two-night classes, or where indicated.

WILL I RECEIVE A CONFIRMATION? Registration confirmations and course communications are done via email. Please provide your email address when registering in order to stay up to date on last minute class changes or cancellations. If you register after the course is full, we will put you on a waiting list. Please check your SPAM account if you did not receive an expected email.

MATERIALS + BOOKS POLICY Materials for enrichment classes are not included in the registration fee unless noted, Materials fees are NOT refundable.

CANCELLATION + REFUND POLICIES

- If you cannot start a course, notify us 2 business days prior to the first class and we will process your refund, minus credit card processing fees. Materials, books and other course expenses are not refundable.
- No refunds for missed one or two night workshops.
- No refunds on the day of the second class or, after the class ends.
- We reserve the right to cancel a class due to low enrollment or other circumstances. If we cancel a class, all fees are refunded.

AGE POLICY The minimum age for participants in adult education enrichment courses is 18 years old. For High School Equivalency Testing (HiSET), you must be at least 17 years old to test. Merrymeeting does not discriminate based on race, color, national or ethnic origin, religion, gender, sexual orientation, marital or parental status, age or disability in its employment or in the administration. Contact Human Resources at 207-729-9961.

A special thank you to our local partners!



53 Maine Street • Brunswick
207-725-2274

Students receive a discount when purchasing supplies for classes.



THANK YOU Lee Toyota for taking care of our Driver's Ed cars and making sure our students are safe!



Thank You to our neighbor, Wicked Joe's for providing coffee and tea for our events.